755th Contact, Friday, 25th September, 2020, 1:54

Ptaah Eduard, my friend. Greetings. You have probably just laid down. Sorry for the inconvenience, but my coming here is important.

Billy Hello, my friend. Welcome Ptaah, also at this time. Obviously you coming here is really important.

Ptaah Yes. – You have known already since February, as I told you, that the corona situation would begin to get extremely precarious from the middle of the year; indeed especially from the end of September, when the 2nd wave of the rampantly spreading disease would brake lose as a world-wide conflagration. I mentioned that again also on the 23rd of September, and that it actually could come so far as now is the case, and that it will continue to be so, that the rampantly spreading corona disease can rage worldwide, leads doubtlessly back to the fault of all those responsible ones of state who, as a consequence of their incapacity, have absolutely irresponsibly neglected everything in regard to the gripping actions, precautions as well as other measures that are required against the rampantly spreading disease, and they also now neglect this and continue to do the wrong thing. Just in this form alone one must speak of an absolute fault of those responsible ones of state who, as the head responsible ones, are on the front line of responsibility for the containment, fighting and resolving of the corona pandemic, however they are absolutely incapable of fulfilling this and doing the right thing. And this incapacity to lead – of the state leaders concerned – corresponds to an irresponsible disregard and endangering of the health-security of the peoples, and indeed worldwide, because, according to our elaborate and exact investigations and findings, there is not one single country on Earth which, in an effective, all-encompassing, responsible form, would be led entirely for the benefit of the peoples by state-leading authorities that are placed at top leadership levels.

Our cognitions reveal that only in a few countries are there extremely few persons in the state leadership positions who do justice to their task or at least do the right thing in large part, whereby however, as a rule, they only play minor roles in the state leadership. This is so because their good efforts are made null and void again by unrighteous ones in the leadership organisation who, through loud-mouthedness with low-intelligentum-demands and banal speeches, seek to conceal their inability.

Billy I know all that Ptaah. But you are surely not here now just to say that to me, or? I assume that something else has brought you here, or am I mistaken?

Ptaah Correct. I am here to explain that it is necessary to return again to the first modes of behaviour and safety precautions that you carried out according to our advice at the beginning of the year in regard to the open outbreak of the rampantly spreading corona disease. As at the beginning of the first precautionary behaviour against the rampantly spreading corona disease, it is repeatedly required that you inform yourselves daily about the course of the pandemic and align yourselves with all necessary precautionary measures against the coronavirus, to which end I will cite the following points, which ought to be heeded, just as other recommendations are to be necessarily followed just as much, such as point 8, which at the moment is especially significant for ... in order to guarantee the ongoing existence of their own health as well as that of all those living in the centre, about which you have most urgently to decide in order to secure a suitable and justified solution for the benefit and for the safety of all centre inhabitants. With undiscerningness, and so forth – which, according to our observations during the last weeks, is to be assumed – such a solution can, under some circumstances, be a change to an outside accommodation or an accommodation outside of the centre, about which not the KG altogether, rather the centre inhabitants, as the directly affected ones, have to decide, which ought to be decided and carried out by next Friday at the latest. The most urgently necessary things about that are as follows.

- 1. The wearing of suitable, multiply-reusable and most secure respiratory masks of at least the quality FFP2 or FFP3 with or without valve shall be an absolute duty with close dealings with persons from outside; namely both outdoors as well as in buildings and public transport and so forth whereby public transport is to be avoided where possible.
- 2. Scheduled therapy appointments, visits to doctors and dentists and so forth, which are not most urgent or necessary for life, shall be postponed and only followed up again when the corona infection danger has again diminished such that there is a certain security of non-infection.
- **3.** With extended use of the protective masks, their thorough maintenance shall be strengthened in its effectiveness through an intermittent disinfection approximately every hour in terms of a short and light outer momentary spraying with at least a 70 percent alcohol solution.
- 4. After every longer use at most however, after a day-long use a respiratory mask requires a thorough washing and afterwards, additionally, a light outer disinfection with a suitable 70 percent alcohol solution.
- 5. In the daily life, in dealing with fellow human beings outside of the personal healthy family circle, that is to say, the circle of residents, it is crucial that, along with the wearing of respiratory protective masks, an appropriate distance to

other persons is kept. This distance shall be determined depending on the environment, wind conditions and wind direction, in which case, when there is no wind, a distance of 150 cm from person to person can be sufficient in order not to be exposed through the speaking expiration droplets and aerosols of another human being and these (droplets and aerosols) cannot be transmitted by the other person. However, if there is wind, then in each case a distance of 2 metres or more from person to person is to be heeded, because when there is wind the expiration droplets and aerosols are blown great distances and can be breathed in by other persons.

- 6. In rooms, and so forth, which serve the contacts with persons from outside, such as in public buildings, meeting rooms or in work rooms and so forth, see-through glass or plastic separation walls shall be compulsory for the purpose of speaking with such persons from outside.
- 7. All necessary rules of hygiene shall be heeded and accordingly masks shall be worn in the everyday, in which case one must pay attention that the rules of hygiene do not only consist of the disinfection of hands, rather also the maintenance of the entire body, clothing as well as the use of objects, handles and apparatuses and so forth, which require disinfection, for which, however, no kind of chemical agent shall be used, rather an alcohol solution of at least 70 percent alcohol.
- 8. Dangers of infection exist primarily in closed spaces/rooms; consequently also in work areas in which many persons have to work in an insufficient distance from each other, such as in abattoirs, vegetable, goods and food processing businesses, schools of all kind, offices, agencies and shops, in regard to which the necessity exists to reduce work personal to such a degree that the distance from person to person and work station to work station is expanded to 2 metres.

Carrying out work, such as in small office spaces and other rooms should be refrained from and the entire work potential be transformed to home office, that is to say, telephone work or work at home, in which case one must understand this to be a flexible form of work in which one's occupation is completely or partly carried out in the private area and environment. Not carrying out such required safety measures should not to be allowed to occur due to any personal or business reasons if therethrough the personal health as well as that of other human beings would be endangered, which would correspond to an unparalleled irresponsibility and, with the emergence of an infection, should be strictly punishable.

- **9.** Our cognisance in regard to persons falling ill with corona is that a majority of the human beings who become sick with coronavirus only have mild to moderate symptoms and become well again without requiring a special medical treatment. However, every illness of this kind is not harmless, as is erroneously assumed by both the ones who become ill and then recover as well as the medical professionals, because in every case virus residues remain in the human organism and indeed mostly in the form of impulses, which, however, as a consequence of the very deficient possibilities of terrestrial medicine, are not detectable. These residues remain in the organism for a lifetime and inevitably become cause, in the course of time and years of life, for diverse ailments and diseases which additionally will not always lead to exact diagnoses and cognitions. Meanwhile, through a recovery from a corona infection there cannot be a guarantee of an immunity and a prevention of a further corona-illness, in which case a further illness with the virus can be worse than the first.
- **10.** The coronavirus, which trivialisingly is called COVID-19, is predominantly infectiously spread via expiration droplets and exhalation aerosols, which can already arise through speaking and breathing out, because through that the droplets from speech and breath aerosols are released and breathed in again by other persons and they are therethrough contaminated. Furthermore, an infection occurs predominantly through the coronavirus's typically inherent coughing and sneezing, wherethrough infectious respiration aerosols are breathed out and expiration droplets are released and these inevitably are breathed in by other persons and they are consequently infected, if, on one hand, they are not equipped with respiratory protective masks and the distance of a minimum of 1.5 to 2 metres from person to person when there is no wind is not kept.
- 11. It is important to heed that the expiration droplets of those infected by the rampantly spreading corona disease are, in keeping with their weight, not suspended in the air for long, rather they sink relatively quickly down onto clothing, the skin, on objects, door handles and other surfaces of objects as well as on the ground, and, with touching, are passed on to human beings wherethrough they are infected. This occurs while the almost weightless exhalation aerosols are suspended in the air for a longer time and quickly are distributed according to the wind conditions and can consequently be breathed in by other persons when they are too close and have no breathing protection.
- 12. An infection can therefore occur, on one hand, when a person comes into the immediate vicinity of another who has the coronavirus and whose expiration droplets and aerosols are breathed in, just as an infection can also occur with the touching of surfaces which are contaminated with the coronavirus. It is in that case erroneous to assume, as so-

called medical 'experts' irresponsibly proclaim, that, after touching objects and so forth that are contaminated with the virus, the eyes, nose or mouth should not be touched with the hands and fingers, because only through that do infections occur. What is actually right is that the coronavirus does not only reach the organism in this form, and therefore not only via the eyes, nose and mouth, rather also via the skin pores which, as tiny openings in the skin, form the exit passages of the sebaceous and sweat glands, through which the sebum and sweat are expelled to the surface of the epithelium. That means that already with the touching of objects which are contaminated with the coronavirus, an infection can occur, as is also the case when skin touching occurs with infected persons or with their clothes that are contaminated with the virus.

- **13.** A duty regarding the respiratory protection mask, with masks of the quality FFP2 or FFP3, shall be an absolute and imperative duty in simply public interaction with persons, as well as in transport with public means of transport of all kinds and therefore also in aircraft, ships and trains, and so forth, in which case public transport shall only be used where absolutely necessary.
- **14.** Hospitality venues, hotels and shops of all kinds should be allowed to operate only with the maintenance of the strictest health safety measures, whereby everything ought to be arranged such that there is a distance of as the case may be 1.5 to 2 metres from person to person.
- A general mask duty only masks of the quality FFP2 and FFP3 should in every case be the duty everywhere that the need for it exists.
 Suitable FFP1 masks shall only be used for a short time in public interaction, where large distances from person to person can be guaranteed.
- **16.** A respiratory protection mask ought to also be worn when a distance of 1.5 to 2 metres exists, just as purposeful appropriate boundaries, distance constraints and separation walls for conversations shall be taken account of and used.
- 17. Celebrations and parties and so forth are to be refrained from just as strictly as holiday travel, amusement occasions, ceremonies and other gatherings, and so forth, in which all necessary requirements for health safety and the prevention of infection cannot be guaranteed.
- **18.** Curfews, that is to say, lockdowns, ought to be set in place and implemented immediately as well as over-all limits to commerce as soon as a lockdown must be ordered, in which case also special regulations ought to be decreed and applied in regard to obligatory monetary transactions and corresponding time-conditioned decrees.
- **19.** With a lockdown, only undertakings and branches of commerce and so forth which are necessary for life shall be maintained, with the strictest safety conditions, to a moderate extent, in order to guarantee all things necessary for maintaining life, such as food, electricity, medicines, and so forth, as well as the entire healthcare sector/service, clinics and doctors' practices and so forth.

With the rampantly spreading corona virus disease – which trivialisingly and misleadingly is called COVID-19 and therethrough triggers wrong views and imaginations with certain uneducated levels of the population and causes them irrational and delusional views as well as the acceptance of conspiracy theories - it is to do with an infection illness which arises from a virus created out of revenge, which however is not acknowledged by 'experts' of virology and so forth, rather is disputed and is labelled a 'newly discovered coronavirus' from the 'animal world'. That is a claim which is removed from reality, because, that the corona pandemic was supposed to have been caused by a diseased animal, does not correspond to the truth. Counter to this untrue claim is the effective truth of the facts that, in the 1970s, as a consequence of hateful behaviour of a man against the government in the USA, together with someone in China who was antagonistic towards the USA, a conspiracy was forged and laboratory work was brought about to create a rampantly spreading disease in association with a certain kind of bat through which it was supposed to be spread and thereby revenge exercised. However the reason for it is now unknown, because all who took part in this matter are already dead, whereby, however, the research work which was begun at that time in the 1970s was further maintained up to the beginning of the month of January 2019 and the coronavirus which spreads now worldwide came out of that. Since then, since January 1019, this claimed many victims which were not recognised as being infected by corona virus or killed by corona virus, rather were thought to be persons who died of the flu, before the rampantly spreading disease was openly recognised and has since driven the world and its humankind into anxiety, terror and manifold infections with millions of dead.

That which now concerns the effects of the rampantly spreading corona disease, we two have spoken about very much in the last months and have also clarified much which you have also published on the internet through your efforts in accord with our cognitions, whereby on various occasions this information has been taken up by virologists, epidemiologists and doctors and so forth and published as 'their own cognitions'.

Billy Which is naturally vehemently disputed.

Ptaah Which cannot be otherwise, and with that the essential things have been said and explained, in addition to which I however want to especially recommend for all Earth human beings, that, at the present time and also up to a certain future time, the wearing of respiratory protective masks in everyday life and in dealing with other persons is an urgent as well as imperative necessity for the maintenance of health and safety. That is on the one hand, while, on the other hand, the conspiracy theorists who have fallen to bean-straw low intelligentum, and their followers – how do you always say it – dig their own graves through their delusion and their low intelligentum.

Billy Yes, that's what I always say, but low intelligentum and simple-mindedness unfortunately know no bounds and neither does the intellectlessness and rationalitylessness of the brain-amputed and boneheaded-stupid part of the population which has fallen for the feeble-minded conspiracy theorists and follows them. And that also these jumping crackers incur many infections and death is unfortunately experienced by them only when they are irrecoverably nabbed by the rampantly spreading disease and a reconsideration is then just too late and they can view the radishes from underneath, when they are buried 180 cm deep in the ground.

As with this low-intelligentum-audacious part of the population and the conspiracy theorists, equally all around the world are all those responsible but irresponsible governors who are not capable of correctly appraising the corona situation and therefore also do not extensively work out the right measures and also cannot implement such measures; consequently the necessary and right things are not done or are only partly done in a slipshod form in order to stop the rampantly spreading corona disease. And that is unfortunately not only the case worldwide, rather also with us in Switzerland.

Ptaah That is unfortunately actually the case, because I have seen the speeches regarding this of a woman and a man on a television transmission and was embarrassed about their ridiculous utterances and ridiculous behaviour.

Billy I can understand because it has been similar for me, and the two, the woman and the man; they were Federal Council members.

Ptaah I know that. But now, Eduard, dear friend, I have to again pursue my duty, and you ought to retire. Fare well and see you again.

Billy Bye, and see you again, and also many thanks for all your explanations and clarifications.

Translation: Vivienne Legg; corrections: Vibka Wallder and Christian Frehner