761th contact, Wednesday 16th December, 2020, 00:11 hrs

Billy Ah, it is you Ptaah. Good, you can come right in as soon as...

Ptaah I am here, Eduard. Greetings, my friend.

Billy Yes, you too, dear Friend. Greetings, Ptaah. Unfortunately it has arisen already again that I was not alone in the office, because I had to do something with my visitor. Matters regarding the health insurance are due, and with that, documents have fallen to the floor unnoticed and disappeared under the sofa, which then had to be found and collected again. But during the last 10 or 14 days it has become more frequent that you have come here when someone is in my office, and for that reason you first have to announce yourselves with knocking on the door and such before I become aware of you and usher out my visitors. There is certainly nothing to object to in that but perhaps it would be good to go the usual way, being that you inform me just before you come here so that I am then alone in my office.

Ptaah Naturally. That is the right thing, but when we move around in the centre grounds, free from duties, then we do not pay attention to the time and also do not want to set a time for a visit, rather, we seek you out unannounced if we have had enough of wandering around.

Billy Ah, so that is it. I did not know, and with that the whole thing is settled for me. Therefore nothing further must be said about it other than that it is now clear and can continue thus.

Ptaah Thank you for your understanding. I am aware of what we said on the 6th of November regarding an end of the talk about the rampantly spreading corona disease, however obviously some particular closing words must still be said and indeed first of all the following: our observations show that there are attempts, by means of various scientific endeavours and processes, to get to the bottom of the origin and cause of the rampantly spreading corona disease. And regarding the term, corona 19, it must be said that this is misleading and basically should be changed, and indeed according to its actual origin. Consequently, the label should have led back to the US American ... who, full of hate against America, together with Mao Zedong, laid the foundation for the emergence of the rampantly spreading disease. They were both responsible for that but however can no longer be prosecuted because they have gone the way of the passingness, as have all those who worked on this hate project in the three different secret laboratories since the middle of the 1970s, which now brings deadly consequences for the entirety of the population of the Earth instead of just for US America as was basically intended. (*The longer excerpt of the conversation includes statements which are not permitted to be shared publicly.*) ...

Furthermore, one cannot back away from what is still to be revealed in the following form, thus the lax and useless measures which were decreed and ordered by the state leaders of the majority of all countries for the peoples since February, to be carried out by them, from which obviously nothing was learnt and the precarious situation of the corona crisis was not recognised. The wrong and useless manoeuvres decreed by the leaders of countries in regard to the inadequate actions, unreal ordinances as well as the allowing of carrying out extremely defective safety and prevention measures in regard to the rampantly spreading corona disease have led to the now prevailing disaster of this rampantly spreading disease. The governors' decreeing of short-term curfews, bans on going out, interdictions and safety precautions as protective measures – which are called 'lockdown' and has entered the common speech – is useless and nonsensical. This is because, on one hand, these superficial measures were immediately relaxed again or totally removed and overridden as soon as the rate of infection from the rampantly spreading disease and the number of deaths somewhat reduced. This testifies to a leadership incapacity, incompetence, inability for foresight as well as to a deficient intellectum and to an unparalleled irresponsibility of the authorities concerned. And in addition to that, since the outbreak of the rampantly spreading corona disease up to the current time, nothing has arisen and above all no insight regarding the entire wrong action, nor any change regarding the use of intellect, rationality and a working out of practical and appropriate countermeasures for overcoming the rampantly spreading corona disease. This is especially in the regard that a longer lockdown – if I now use this label – is not only considered and ordered for one or 2 weeks, rather for 2, 3 or even more months and indeed with the working out, planning and consideration of all and every necessity in every regard that is encroaching on that which is deeply private, personal and economical.

Billy Unfortunately the intelligentum with the majority of the Earthlings is not enough and indeed even when everything is explained to him/her very exactly. Only those human beings who understand how to use their intelligentum give any thought to it and understand the whole thing. But that [intelligentum] does not only lack, as a rule, with the majority of the peoples, rather explicitly where it would be the most necessary, being especially with those who swing the sceptre in the governments and think themselves great and wise, however, in regard to their ability to use their intelligentum are in truth not only nothings, rather hyper-nothings. As you recently said yourself, for example, with all the governors in all the European countries, you have only noticed one government person who falls outside of the null-norm and makes the effort to do that which is good and right, namely, Bavarian prime minister Söder, who is to thank, as you recently especially mentioned, that his attitude and actions finally bear good fruit and will become a model for all government jumping

crackers of Germany. This will be so, even when they first secretly laugh at his honest efforts, but then begin to emulate his cognitions, insights and his actions because they can no longer do otherwise, which will now obviously be the case as you already said a week ago. Naturally it will be as ever, because it will namely be that among all emulators there will only be a few who found the actions of the clever Söder good, while the great remainder, from the smallest up to the chancellor, will claim the wisdom of the role model for themselves and now act like big-headed plebs, waving their hands, pompous and screeching, as if the wisdom they copied from Söder was their own cognition, their own work and their own thinking as well as their personal observation of responsibility. Just as it is not only usual with types such as Trample Tramp Trump in the USA and like-minded self-praising, self-aggrandising figures the world over, who adorn themselves with borrowed plumes, it is also the same with those government figures of the same type who raise themselves up in self-praise at the expense of others.

Ptaah This is already happening as we can see. However, why I am now here is based in the fact that I am concerned about the health safety of all FIGU members, namely quite especially in regard to the coming weeks, which, due to Christmas, New Year's Eve and the New Year, traditionally involve family gatherings as well as meeting acquaintances and friends and seasonable celebrations. However, this fact altogether brings about a very precarious situation and much terribleness which occurs worldwide and brings much suffering as a consequence of the irrationality of innumerable human beings from all levels of society as well as the failure of the state leadership. That is what I want to take up yet again, counter to and in spite of our decision of the 6th of November that we must not talk any more about the rampantly spreading corona disease. And you ought to make the effort to quickly retrieve and write down all of that which I have to say and explain in order to immediately post my explanations on the FIGU website. The posting shall then occur with the advice for the readership that all the necessary safety precautions are to not only be seriously followed, rather the whole of what I have to explain and is published on the website is to be copied by the readership through their own initiative and shall be further spread as often as possible. Consequently, for this purpose there should be no copyright imposed, rather the freedom of copying and unrestricted publication shall be given. And to explain are all important things which are absolutely essential in order to guarantee, to the best-possible degree, the personal and family-based health safety as well as that relating to acquaintances and friendships. That which is urgently necessary to explain regarding that are the following listed things of importance, which ought to be noted, understood, followed and heeded for the personal health safety as well as that of the fellow human beings:

1. All ordinances, decrees, orders and other measures as well as all lockdowns which are ordered now newly by the state governments for the coming weeks, and under some circumstances for further months or the first month of the new decade, are in every regard inadequate and therefore very deficient; consequently altogether it all only shows a partial effectiveness and does not end the continuing effects of the problem of the rampantly spreading disease, rather this lets it continue to exist and will even increase in the coming weeks.

From the lax and useless measures which were decreed by the governments of the majority of all countries since February and were ordered and carried out for the peoples, and from which salutary things did not result, it is obvious that nothing was learnt nor was the precarious situation of the corona crisis recognised. The wrong and useless manoeuvres decreed by the governments in regard to inadequate actions, unreal ordinances as well as the allowing of the carrying out of extremely deficient safety and prevention measures regarding the rampantly spreading corona disease have now led to the prevailing terribleness of the rampantly spreading disease. The governments' enactments of each of the short-term lockdowns, which were immediately relaxed again or completely rescinded and overridden as soon as the infection rates and the deaths reduced somewhat, testifies to an absolute leadership incapacity, incompetence, foresight incapacity, a deficient intellectum as well as to an unparalleled irresponsibility of the relevant governments. Beyond that, since the outbreak of the rampantly spreading Corona disease up to the current time, nothing else has resulted and above all no insight regarding the whole wrong actions of the governments, as well as no change to the use of intellect, rationality and the working out of practical and appropriate countermeasures for the overcoming of the rampantly spreading corona disease.

- 2. It is of urgent importance and necessity to heed that in every case, for all persons, in direct dealing with other persons who do not belong in the direct, personal sphere of life, appropriate respiratory protective masks ought to be worn. The guaranteeing of one's personal health and that of the direct family as well as one's living community can only be when the following important things in regard to respiratory protective masks and the right wearing of them as well as the right kind of masks are guaranteed.
- 3. The most frequent ways for infection and spreading for diseases are smear infections and droplet infections as well as aerosols which float through the air and are breathed in at short distances; consequently the wearing of suitable respiratory masks is of just as urgent necessity as is the keeping of the distance of 2 metres from other persons.
- a) With absolutely still wind conditions, protective masks ought to be worn outdoors and a distance of at least 150 cm should suffice, while the distance is increased to 2 metres or more when there is wind.

- b) With necessary professional and business verbal interaction in enclosed spaces, protective masks should be worn and protective screens should be placed between the persons to enable a separation between them.
- c) During conversations, meetings and discussion and so forth, outsiders should wear protective masks and the distance between persons should be kept.
- d) Visits in non-family homes, that is to say, in other households, and indeed also with one's own relatives or with family members living elsewhere in other households, should absolutely be refrained from just as should visits in one's own personal living area from family members who live elsewhere.
- e) Visits with family members for the purpose of the imperative care and supply and so forth, should only be made with the consideration of all necessary safety precautions.
 - 1. Wearing suitable respiratory protection masks.
 - 2. Keeping the appropriate distance as far as possible.
 - 3. Adhering to all safety measures, such as all necessary disinfection, when touching is necessary.
- f) Short-term visits of a few minutes can occur with family members who live elsewhere in other houses and households, such as for deliveries and handling of affairs as well as purely for maintaining contact, however only provided that respiratory masks are worn and the appropriate safety distance is maintained.
- 4. Normal industrially produced protective masks of the FFP1 kind cannot counter to all wrong claims of manufacturers, vendors, know-it-alls, trouble-makers and conspiracy theorist, and so forth prevent any viruses from entering the mucous membranes and respiratory organ, just as self-made material masks or see-through face shields, short speech shields in front of the mouth and nose as well as similar products, are unsuitable as protection against viruses.
 - a) Self-made material masks are at best suitable against dust entering the respiratory tract.
- b) Normal, good, multi-layered, fleece, fitted, industrially-produced protective masks of the FFP1 kind are suitable as protection against the entering of pathogens in the respiratory tract and in the mucous membranes, such as dust, fungi, parasites, bacteria and the like, but are of no use for the defence against pathogens before they enter the organism.

Microorganisms as well as thousand-fold bacteria

The wearing of respiratory masks can only be effective due to suitable kinds of masks.

- 1. Self-made masks as well as purchased masks of pure fabric are absolutely useless just as they are also highly healthendangering.
- 2. Tested FFP1 masks are only slightly protective and should not be used as effective protective masks, rather at best only as a short-term stop-gap.
- 3. FFP2 and FFP3 masks are suitable for interaction with other persons.
- 4. FFP is the English abbreviation for 'Filtering Face Piece'. Translated into German, it is generally understood as respiratory protection masks, fine dust masks, dust masks or simply respiratory protection filters. FFP protection classes divide respiratory protection masks into three groups, FFP1, FFP2 and FFP3, whereby the third is the safest protection class for respiratory protection masks.

762st contact, Saturday, 19th December 2020, 23:58 hrs

Ptaah Eduard, dear friend, here I am again. I see you are working on retrieving and writing down our last conversation 3 days ago.

Billy Yes, but unfortunately I'm having a hell of a time with it, which is also the reason why I haven't yet retrieved the report from the 6th of November. My eyes no longer cooperate as they should in order to be able to work with better vision. Unfortunately, I therefore need three or four times more time than I normally need to write. Unfortunately, I cannot go for an eye check until the 7th of January, and only then will I know when the operation will be. But now I have the greatest trouble writing because everything on the computer screen looks distorted, blurred and the writing lines appear shifted into each other, which is probably why I make so many typing errors, and so forth, and because I can also only see the keyboard in a shifted and wavy way.

Ptaah Then skip our last talk and see to it later that you can retrieve and write down today's because you ought to finish this today to put it on your FIGU website.

Billy That is fine with me.

Ptaah Then I want to start as follows with what I have to say and which you can then divide up and possibly also give headings to:

That which belongs to the required knowledge with regard to respiratory protection masks and shall be explained:

Respiratory protection masks are not just respiratory protection masks, rather, under some circumstances they are vital items to be used in different forms for different purposes, such as the currently raging rampantly spreading corona disease, the countering of which requires special protective masks, labelled as FFP products and available for purchase. My recommendations for the use of respiratory protective masks are based on rational consideration, because only protective masks, when really worn and used for their intended purpose, can substantially protect against infection by pathogens.

1. There are three classes of suitable respiratory masks on the market – FFP1, FFP2 and FFP3, which reliably protect against aqueous and oily aerosols, smoke and fine dust, whereby the three FFP protection classes primarily differ with regard to their intended use in terms of protection and differ in the maximum accepted leakage. An 'overall leakage' corresponds to a test with regard to the filter passage and to leaks around the face and nose. On the other hand it ensures that long-term inhalation hazards can be usefully countered.

Respiratory protection masks must primarily protect against respirable fine dust, smoke and saliva droplets and against liquid mists or aerosols, but not against vapour and gas.

The respiratory protection mask classes FFP1, FFP2 and FFP3 each provide respiratory protection according to the dependency of the 'overall leakage' as well as of the filtering of particle sizes up to 0.6 μ for different pollutant concentrations.

,Overall leakage', as explained, means testing the filter passage and leaks around the face and nose.

- a) It must be explained at the outset that, contrary to false and irresponsible claims by mask manufacturers, virologists and know-it-alls, etc., respiratory masks of class FFP1 in no way protect against viruses, but can only provide protection against fine dust particles, fungal spores, all kinds of particles, parasites and, depending on the mask design, against bacteria. Other claims are just window dressing, profit making or know-it-all attitude and so forth.
- b) As already explained, the respiratory protection mask system is divided into three FFP classes, the abbreviation FFP stands for 'Filtering Face Piece'. A respiratory protection mask is formed such that it covers the nose and mouth and is composed of different filtering materials. They are useful wherever the maximum permissible concentration of harmful dust particles, smoke, saliva droplets and aerosols in the air we breathe is exceeded and causes health problems. If the limit is exceeded, then respiratory protection masks are just as necessary and obligatory as in the case of any risk of infection in relation to diseases and rampantly spreading disease, such as influenza and now currently the rampantly spreading corona disease.
- c) The protective properties of FFP respiratory protection masks are divided into 3 classes according to DIN EN 149 and as a rule are used as disposable masks to protect the respiratory tract. Used disposable masks are, as a rule, to be disposed of after use.

- d) The designation EN 149 corresponds to the name of the European standard for tested FFP respiratory protection masks. These can be recognised by the EN 149 imprint and the CE mark printed on the mask. According to the European standard, the maximum total leakage, therefore the total leakage, which is directed inwards, is 22% for FFP1 masks, 8% for FFP2 masks and 2% for FFP3 masks.
- e) FFP filter classes have different capacities, with FFP fine dust masks predominantly being used as half masks or full-face masks of class FFP1, but such masks do not protect against viruses, but reliably serve only to keep out fine dust particles and to protect the respiratory tract from dangerous aerosols of all kinds. In principle, however, FFP1 masks do not correspond to virus protection masks.
- f) Respiratory protection mask filters of class FFP1, FFP2 or FFP3 are manufactured industrially, and their protection value depends particularly on the limit value of airborne pathogens.
- g) In addition to their filtering performance, FFP masks differ in their features and can, for example, also have exhalation valve filters, whereby such a valve is particularly important when breathing resistance becomes too great due to material conditions.
- h) Respiratory protection masks protect against aqueous and oily aerosols, smoke and fine dust in three classes; their protective function is standardised throughout Europe according to EN 149. They are called particle-filtering half masks or fine dust masks, and are subdivided into protection classes FFP1, FFP2 and FFP3.
- Dangerous fine dust particles can not only be radioactive and carcinogenic, but certain types also damage the entire respiratory system of the body, which can lead to serious long-term effects and the development of severe diseases over decades.
- 2. All the finest fine dust particles usually float around almost invisibly in the air and endanger the health of human beings. Due to their tiny size, they do not correspond to negligible dangers, namely especially in certain working areas, but also in the polluted atmosphere. Because of their danger, fine dust particles can also be radioactive and carcinogenic, and if exposed to the particles for many years, the respiratory system of human beings can be very permanently damaged. This means that human beings should protect themselves from fine dust particles by wearing sufficiently suitable respiratory protection masks of certain protection classes, for which so-called FFP masks are suitable, which, on the one hand, are tested through an 'overall leakage', that is to say, by the filter passage and leaks around the face and nose being tested, and which, on the other hand, ensure that long-term inhalation hazards can be usefully countered.

'Overall leakage' testing means that protective masks are checked for possible leaks around the nose, chin or eyes that may occur when worn, as such leaks allow breathing air to escape and aerosols to be released when exhaling, but also when inhaling they allow health-threatening particles to penetrate under the mask and be inhaled. Innovative designs and special filter technologies can counteract such anatomically induced leakage, while also reducing breathing resistance wherethrough an improvement of comfort arises.

- 3. Recommended against bacterial pathogens are respiratory protective masks of the class FFP2, which certainly cannot guarantee a full repellence of the virus, however protect to a great extent from the inhalation of foreign disease-contaminated respiratory aerosols and from the ingestion of foreign saliva droplets and therewith from such kinds of transmittable disease pathogens.
- Respiratory protection masks of the protective class 3 or higher also largely reliably protect from viruses, therefore also from the coronavirus COVID-19 as well as from the influenza viruses.
 As a rule, based on its characteristics, the FFP3 Filter can largely be used as protection from all viruses.
- 5. OP masks, that is to say, surgical masks, correspond to the highest safety requirements and guarantee the best possible protection against any species and kind of pathogen and therewith also in regard to bacteria and viruses, whereby ultimately, nonetheless, no absolute safety exists, rather only a relative best possible and highest possible safety of 95% exists.
 - a) OP masks as a rule have therefore a 95% filtration efficiency in regard to bacteria and viruses and have to be tested for an overall leakage and the close fit to the neck and face have to be borne in mind. Surgical masks are usually not used privately, rather in operating theatres and first of all protect the patients, therefore less so the wearer of the masks, because due to these masks, as with all other respiratory protection masks, an ejection of saliva droplets and an escaping of breath aerosols is prevented. However, with that there exists, especially with the

surgical masks, the necessity of a close-fitting mask with mouldable nose piece because only this guarantees a real protective effect.

- b) Surgical masks are intended, first of all, to be worn by surgeons performing operations, in order to protect the patient and to a lesser degree the wearer of the mask himself/herself.
- 6. FFP1-one layer paper face masks, homemade material masks, face, mouth and nose shields of every kind and pocket handkerchiefs as well as neck and head cloths are equally absolutely unsuitable as protection against pathogens because altogether they are not only totally ineffective as respiratory protection means, rather also they create an illusion of safety and are disease promoting.
- 7. A spreading of pathogens can only be reduced through the wearing of high-quality mouth-nose-protective masks or when there is unexpected coughing or sneezing at least through a tight covering of the mouth and nose with a handkerchief and so forth, as well as by paying attention to hand hygiene.
 - a) The most important individual hygienic measures are in any case the hand disinfection as well as the wearing of a correctly close fitting respiratory protective mask, which shall at least correspond to the requirements of an industrially manufactured and tested FFP1 mask.
 - b) Basically in situations in which a contact to suspected cases exists, at least suitable and tested serviceable FFP1 masks ought to be worn. Meanwhile tested FFP2 or FFP3 masks are essential to wear when cases of coughing or sneezing are expected, which indicate illnesses.
 - c) FFP3 masks are absolutely necessary when coughing is provoked, such as with a bronchoscopy and so forth. When a virus disease is suspected, a person is to be kept isolated, put in a separate room and provided with a mouth-nose-protection until the admission to a hospital.
 - d) Persons who come in contact with others and direct family members should at least protect themselves with a tested FFP1 mask.
 - e) Persons who, outside of the direct personal family circle, come in contact with family members who live elsewhere, should wear FFP2 respiratory protection masks as also should be the case inside their house when they must enter due to reasons of providing care or supplies. The same holds with necessary entering of other households.
 - f) With an epidemic or pandemic the general population can protect itself to a certain extent by the wearing of a suitable respiratory protective mask of at least class FFP2, however never with one-layered paper masks, handkerchiefs, scarves or head scarves and so forth.
 - g) With persons who, due to wrong advice or due to know-it-all-ism and so forth, wear the wrong respiratory protective masks, the danger always exists that they have a sense of false security and also do not consider and neglect other necessary preventative measures and for that reason become sick or die.

For the personal protection from contagion, infection and disease, the following measures shall be heeded and strictly held to:

Special attention is required for the handling, avoiding or implementing of the following important things:

- 1. The wearing of respiratory protective masks in dealing with other persons who are outside of the personal family circle or personal group circle should be a responsible duty as a matter of course.
- 2. Hand shaking, body touching, breathing on, coughing on and sneezing on is to be avoided.
- 3. The touching of the eyes, nose or mouth is to be avoided.
- 4. A thorough hand washing after contacts with other persons, as well as after using sanitary equipment, ought to be just as self-evident as hand washing after going to the toilet.
- 5. An intensive airing out of living rooms, kitchens, offices as well as any kind of rooms for meeting and gathering and so forth should be a duty.

- 6. Visits to events of every kind are to be avoided, such as to football matches, department stores, discos, hospitality venues, theatres, cinemas, places of worship, markets as well as every other mass gatherings of any kind.
- 7. Used disposable handkerchiefs shall be correctly and safely disposed of just as shall used disposable respiratory masks and disposable gloves.
- 8. Close contacts with persons who are possibly infected with the rampantly spreading corona disease shall be strictly avoided.
- 9. All necessary caution or possible isolation from persons infected by the rampantly spreading corona disease shall be explicitly heeded and observed.
- 10. For persons who are ill with fever, particular pains, loss of taste and so forth, it is recommended in the personal interest to undertake a corona test and to remain at home. With a positive test result contacts with other persons shall immediately be avoided and therethrough further infections avoided.
- 11. The wearing of a FFP respiratory masks can prevent two things:
 - a) On one hand, the wearing of a high quality FFP respiratory protection mask effectively prevents a person infected with the coronavirus expelling any macroscopic saliva droplets when speaking and from exhaling exhalation aerosols; consequently, neither saliva droplets nor exhalation aerosols from corona infected persons get into the air and therewith into the oral and nasal mucosa of other persons.
 - b) On the other hand, wearing a high quality FFP respiratory protection mask effectively prevents that persons who are healthy and not sick with corona virus, [but who are carriers of the virus] on one hand, likewise throwing out macroscopic saliva droplets and breathing out exhalation aerosols and consequently neither saliva droplets nor exhalation aerosols get into the air and consequently therethrough as a rule also no infecting transmission onto other persons can occur.
 - c) Respiratory protection masks also serve for the personal protection of the wearer, because the mask separates manifold particles and so forth of all kinds out of the air breathed.
 - d) In contrast to unsuitable purely fabric masks, pocket, neck and head kerchiefs and paper masks as well as poor quality FFP1 masks and a simple mouth-nose-protection, the degree of separating of the high-quality particle-filtering FFP half masks is determined by standardised tests.
 - e) Every person has to be clearly conscious that the corona virus is a highly infectious moment, whereby only one single virus is required in order to be infectious, however 2 viruses trigger the disease, cause an outbreak and lead to an infection. In order to largely prevent this, an FFP2 respiratory protective masks offers a good protection when one is at risk. However, the best possible protection is offered by FFP3 respiratory protection masks. However respiratory protection masks do not give a complete protection from infection from viruses of all kind, because even the FF3 masks can be up to 95% secure at most. Even total over-all protection suits and corresponding integrated respiratory protective devices, which must be cleaned again before removal through a chemical shower, can at best guarantee a top security of only 99%.

Those, Eduard, dear friend, are the most significant facts which I have come here to mention in order to mention them for all FIGU members, so that they are followed in a precautionary form, as well as for all persons worldwide who ask for clarification which they however do not receive from their governments and from the medical professionals; consequently, because they know of us, they read our explanations and they direct their entire behaviour accordingly.

Billy Yes. I have come to know that especially during the last months very often through letters, faxes, emails as well as telephone calls.

- Ptaah I know that. But now, Eduard, it has become late early morning therefore I will go now. Goodbye dear Friend.
- **Billy** Goodbye also to you Ptaah. See you, my friend.