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## How The Southern England Interessengruppe für die FIGU-Mission Began

The Southern England Interessengruppe für die FIGU-Mission (Southern England Interest group for the FIGU mission) was founded in August 2015 By Karl Beaney and I, Stephen Moore. Before the formation of the Southern England Interessengruppe für die FIGU-Mission an attempt to form an official Figu group in England was made by both Karl and I, along with another Figu passive member. This attempt failed before any fruits developed. Karl and I kept in contact, determined to form and be part of an official Figu group, we met and discussed how we would like to go about making a Figu group here in England a reality.

We decided to present Figu Switzerland with an application to form an Interessengruppe für die FIGU-Mission here in England. Our decision to form this group over a FIGU-Studiengruppe was based on the fact that there were only 2 members in the group and we could not fulfil the requirements of a FIGU-Studiengruppe. Further we wanted to have a group that is open to non Figu passive members due to there being only 7 passive members in England. This allows the group to be open for interested persons who wish to further their study and understanding of the Spiritual Teaching without any obligation to become Figu passive members.

We presented some initial ideas to Figu by means of Christian Frehner, who presented our list of ideas and request for permission to form an official Figu group in England. Some of our initial ideas included a website, booklets pertaining to different aspects and topics of the Spiritual Teaching and Eduard Meier's contacts with the Plejaren. Further, we wanted to visit conferences around England to hand out booklets and talk to any interested persons.



Stephen – Aimee – Scott - Karl

After we received permission from Christian Frehner, from the CG49, Karl and I started work on our first booklet named "Why is Eduard Albert Meier the only authentic UFO contactee of the Plejaren Federation on Earth?" The website was developed by myself with further help from Karl who provided translations and documents.

The group now has three more members, Aimee, Scott and Jonathan. After interest in the group from the website we arranged to meet up at a location suitable for all of us. The group meetings now take place every second Saturday, each month in Luton. The group is going very well and thus far have achieved more than we thought we would in only a short time. Regular contact with Christian Frehner, for his support and advice, as well as his friendship, takes place and all booklets and other materials that are created within the group also get shared with Figu Switzerland.

For the near future England has an Interessengruppe für die FIGU-Mission and members can further their interest in the truth and the true meaning of life.

## Creation's Love



By studying the spiritual teaching, presented to human beings by Billy Meier, the laws and recommendations of the Creation have become more and more present in each and every day, as I became able to grasp the true nature of my own existence.

The simple recognition that I exist as a human being, truly gives myself the assertion of the existence of the Creation. Without this simple fact, no one could ever argue this actual reality.

The question naturally arose as what is the Creation and how can one understand its concept if someone is not familiar with the idea of the Creation. In this small excerpt from *Stimme der Wassermannzeit*, No. 89 December 1993 Billy Meier describes the following in regards to the Creation:

9. "Creation is justice, love, strength, wisdom, knowledge, compassion, freedom, mercy, laws, directive, alliance, fulfillment, evolution, life, support, joy, beauty, peace, infallibility, equilibrium, spirit, forever, logic, growth, perfection, contentment, inexhaustibility, omnipotence, sweetness, infinity, solidarity, perception, harkening, elevation, the Sohar, gentleness, lucidity, purity, transformation, origin, future, power, reverence, allness and BEING."

If one pay attentions to those words and take the time to unfold their meaning then feels appear which can be discovered and recognised by the person itself as a true resonance of the Creation existence.

Of course more materials and articles from Billy Meier are available for study in relation to the Creational laws and recommendations but in order to discover this, one has to make the first step towards it.

Now if one comes to pay attention to the world and the universe, one notices the immense variety and complexity of both which intimately connects us all and which humanity could have not created themselves by any means or processes.

So if one makes the effort to recognise in nature the primal laws of the Creation, then an inner feeling of peace arises, where freedom can be recognised and where animals of all sorts appear to live together in peace and harmony which brings joy to contemplate.

In the foundation of life vibrates the essence of true love where the Creation radiates and encompasses each life form and from this reality one can become his own light as opposed to the light of a Buddha, a Christian, a Muslim or a Hindu.

## **House Point System - A Futile System**

Children never learn the true value of good/moral behaviour through a reward-incentive system that teaches anything other than the personal, inner-rewards of dignity, happiness, respect and self-respect that comes through the exercise of good behaviour and good deeds.

To reward children with superficial certificates, merits and worst of all monetary gifts will inevitably yield the opposite of the desired effects, as children associate good behaviour with superficial and monetary rewards in the way that they will cultivate the expectation of receiving external rewards for simply behaving in a decent and disciplined manner.

Even if such a reward system appears to bring about results during its preliminary test period, it cannot and will not actually cultivate a real and positive change of behaviour in the students, because the only way this can be achieved is if the students are educated clearly in moral values/positive change and makes these fundamental changes through a recognition of their inherent value for themselves and others.

It is a very unfortunate situation that such a system has already been passed and will now propagate a very unhealthy and undignified incentive for children to behave in the manner they should do without any need for an outside reward. If the policy makers can finally realise that whatever moral fibre they hold is cultivated and maintained by them through a real and humble understanding of the importance and inner-value of good behaviour/morality itself, then they will finally realise that this system is an inevitable disaster for the children, and cannot bring about the correct, long-term and developmental changes in the students' behaviours.

The only understanding of REWARD that must be taught to the misbehaving children is that good behaviour is natural, beautiful and brings about happiness, confidence, dignity, joy and success. Therefore a simple and effective education of moral values is essential, explaining the inevitable consequences of bad behaviour/why it is bad (etc), and the inexhaustive personal rewards of good behaviour, why it is so important and beneficial for them.

The children who would undertake such a 'house point system' will learn to associate good behaviour with immediate rewards from their peers, something which can only bring about a correspondingly wrong value system and has been applied in a similar manner in the past, training children to behave in a

positive manner because they anticipate a reward afterwards. Not too dissimilar to the 'Pavlov's dog' technique, which makes it all the more deranged and although planned with good intentions simply cannot work.

The real understanding, recognition and application of good behaviour for the sake of being a good, honest and dignified human being is the only dependable and effective incentive system that will bring about genuinely good behaviour, and never will such a futile reward system yield any genuine changes of behaviour in children.

As previously stated, all that is required is an additional, requisite subject matter implemented into the national curriculum, that will begin at the first year of primary school to the last year of high school and therefore will give an extensive and many-year long education of moral values. Which will include real references and examples throughout history that highlights the power and accomplishments of good behaviour, how it holds our social and civil fabric together and lastly the children will from time to time perform demonstrations of good manners/etiquette towards others with their fellow students.

Lastly, punishment must be dealt if need be, but never placed at the forefront as a deterrent of bad behaviour, as it is often supposed that this will yield the sudden incentive for good behaviour but truly only brings about a sense of fear of punishment and a very fragile deterrent towards criminality for the fear of being punished. This is the very incentive system used by the justice system and has clearly never worked on a mass scale, yet the most successful rehabilitation programs for ex-offenders are dominated with the use of positive-affirmations and an education of moral values.

As is apparent in almost any nation on earth, once the police and security forces are disabled (through civil war/government overthrow etc), then many people suddenly become barbaric, raiding, looting and causing excessive damage to property and harm to other people. Nothing different can be expected because for many their only deterrent against bad behaviour was their fear of punishment by a higher authority/power, but once this is diminished, they show their true nature/intentions.



Because they WERE NOT educated in true moral values and decency, which, if they had been they would have had the deepest, most personal deterrent against bad behaviour/criminality because they had founded a positive behaviour/value system, which is the only true, effective power that will sustain good behaviour.

## **The Long Road of Learning** **through the Spiritual Teaching and it's dissemination**

Since I began reading information authored by <Billy> Eduard Albert Meier my thoughts, thinking, imaginations, feelings, insights, deeds and in general my outlook on life has changed dramatically, and for the better. I am also sure that people close to me and those who see or deal with me not so frequently would agree. The reason that Billy's writings have had such an impact on me may appear to be manifold but are really all aspects of one thing: Billy writes about true and high virtues that the human being should aspire to and acquire if he or she wants to consider himself or herself as a true human being. This includes a human beings relationships with himself or herself (internally/spiritually, externally/materially), with other people (family, friends, acquaintances, strangers, partners, society etc) and with nature (insects, animals, plants, environment etc). Billy also writes about the evolution of the Creation, the development/evolution of the human being/personality, the development/evolution of the consciousness and many other things that can be regarded as border or spiritual science. In short his writings can be classified as the Spiritual Teaching. The Spiritual Teaching is unique to Billy in its subject matter and explanations. Of course many other people have written and write books and papers about the same subjects but none can offer the quantity of information with such clear and logical explanations. Naturally people who have not thoroughly researched Billy's case or who simply dismiss him also dismiss his writings without really reading them.

The Spiritual Teaching is not one man's thoughts, ideas, ideologies or philosophies nor is it at all religious as it does not require any belief. So what is it? It is the "teaching of the truth, teaching of the spirit, teaching of the life" or it could be likened to a term many will be familiar with - the laws of nature. Any person can prove the laws of nature to himself or herself if they want to. You just have to observe, think with rationality and logic and then act accordingly, all to your best ability. Sure we will make mistakes but this learning process will develop our understanding of the laws of nature or the laws and recommendations of the Creation - which form the Spiritual Teaching.

When I first came across the Billy Meier UFO case and subsequently Billy's writings about consciousness evolution and spiritual matters I was amazed, mainly because this man was explaining things so clearly and logically - it all fitted together with no gaps, it formed a whole concise picture of something that many others had only speculated at. Then I started reading English translations of the Contact Notes and again I was blown away. I was reading about the history of Earth human beings, the history of the universe, the history of planet Earth, about extraterrestrials, about space flight, about technology, about health, about political/world situations, about language, about legends and myths, about EVERYTHING that had ever piqued my interest and much more. Very soon after this discovery my head was occupied with this new information whenever work or living wasn't demanding my attention, even then it was there just waiting for my mind to become free so I could think about what I had been reading.

It was only a short while later that I consciously started to try and implement some of what I had learned into my life, to better it. I consider myself very lucky, I have great parents and family, good friends and have been happy for most of my life. But with this information, the truth, I new it would transform my life. And that is exactly what happened. Naturally I wanted to share my new found treasure with the people I cared about, well with everyone really but I knew that talking to work colleagues or strangers about this would be very difficult and would be a silly thing to do unless I was happy for people to think that I had gone completely nuts - which I wasn't.

To my surprise my family and friends were not very interested and they seemed to not really grasp what I was trying to tell them. It seemed to me that they just weren't interested and I got the feeling that they thought I was talking nonsense. Maybe it was the way I explained it, maybe they just weren't interested in the subject matter, whatever the reason I was a little surprised. A couple of my friends showed a bit of interest but to me no one seemed to understand that this vast spiritual knowledge and wisdom that I was so excited about could be immensely life enriching. After these attempts to "make other people interested" I decided that I would just concentrate on my own learning.

Perhaps two or three years after my initial excitement and thus talking to family and friends about the Meier case I thought about my earlier attempts, the responses and some of the underlying reasons why people reacted the way they did. Here is my conclusion: For the Meier material, or more specifically the Spiritual Teaching, to resonate within someone I have come to realise that one has to have troubled oneself with these themes (consciousness, life/death, evolution etc), whether that be in this life

and/or in previous lives. If someone has never thought about these subjects and is then presented with this kind of information it will not mean anything because they have never made any serious attempt within themselves to understand these things. For example, I have never learnt or even considered learning the Chinese language so if someone approached me and started telling me how great and beneficial the Chinese language is to me I wouldn't suddenly say "oh yeah, you're right. I'll start learning Chinese", no matter how highly I hold that person in esteem.

So it was little wonder I received the responses that I did. This also led me onto other thoughts, bearing in mind what I had learned regarding the human evolution process which is integrated into the Creations own evolution, that every human being is on their own unique evolution course. So even if someone considers himself or herself further along in terms of evolution it does not give them any reason to feel better or more knowing than anyone else or to look down upon them and treat them differently because he or she should realise that there will always be people more advanced than they are. So to admonish others for not "getting it" is completely ignoring any knowledge of the creational process, because they themselves are at a "lower" point than many other people. This cognition alone gave me a lot of food for thought, as this could facilitate with the learning of the high and true values such as compassion and patience. But we could also look at it from the opposite side, so if someone is feeling down or inferior because they regard themselves as underdeveloped in a certain area, or in their entire evolution, compared to someone they regard as more developed than himself or herself then they only have to remember that one day they will be at the stage they wish to be at and that the person that they are looking up to was once at a lower position. The previous sentence could lead some people to think that no matter what we will all evolve given enough time so we just have to sit back and enjoy the ride. But that is completely false. The acquisition of the high and true values include steadfastness, patience, determination etc and these can only be acquired by building up these qualities. That will never happen with a lack of effort and idleness.

But my thoughts kept turning back to what insights I gained from realising that we are all on our own path through human evolution and we should aim to treat each other accordingly. It seems obvious and simple. To treat everybody the same, to treat everyone we meet with the same respect, with the same patience, with the same understanding seems so easy to say but I find it extremely difficult and this alone will give me more than enough to work on in this life time. In regard to treating everyone the same, should we try to treat everyone we meet the same, is it even possible to do so, is it correct to treat everyone we meet the same? Should we treat the person at work who clearly doesn't like us and takes every opportunity to "wind us up" and make sarcastic comments the same as we treat our parents or loved ones? Should we treat terrorists, murderers and thieves the same as an honest, law abiding citizen? My view is that it would be almost impossible on this planet where there are so many different types of personality. Some people we meet have very similar views and behaviour as ourselves and consequently it would be quite easy to treat these types of people the same as our loved ones. But there are many people we encounter that enjoy quarrels, disputes, being awkward etc and it is much more difficult to treat these types of people the same as our loved ones. This is where the creational laws and recommendations really leave it up to the individual to recognise the reality, learn skills and refine knowledge according to our own free will and striving.

My understanding in regard to treating everyone the same leads me to try and treat people with different dispositions than our own with as much love, patience and understanding as it is possible for us instead of resorting to revenge, retaliation, hatred, holding grudges etc. By showing these types of people a bit of love, kindness or patience we could maybe be an example to them of how one should behave and they may slowly change their behaviour. Of course this won't happen immediately or in every instance. However, and this is the main point of this article, I find it fascinating that these situations and every situation that we encounter can provide us the chance to learn so much about ourselves, others and life in general. In finding the balance of how to act and how to react in this situation or that situation one's understanding of the creational laws and recommendations is expanded and improved upon. Only at this moment did I realise that this way of dealing with people is not only suited best for people with a different disposition than our own but it is also the best way to treat people full stop. It is surely also the best way to "tell" other people about the Meier case and the subsequent Spiritual Teaching, not by talking endlessly about UFO's, extra-terrestrials, meditation, evolution etc. but by being an example of what we have learned about being real and true human being.

## **Meditation and Work**

(Excerpt from the 'Spiritual Teaching' by Billy, page 473 to 475.) As each meditation-learner must know, there are three most important prerequisites for the human advancement in every wise.

1. Work
2. Meditation
3. Teaching and Evolution

The work which the human being has to perform daily is not only a way or the way, in general, to support his or her life, rather, the work is also the way to the creational and to the Creation itself. But work is not only the way in order to test inner worth, rather, a certain measure of it is also there in order to bring forth the natural equalisedness of the human being. For this reason it is in no single case advisable to completely refrain from the work and to simply withdraw yourself from it, because through such a false behaviour

resentment, unequalisedness, imbalance and boredom etc. only all-too-easily come into being. A non-work also leads to unreal visionary conditions with which the human being falls into a kind of middle-world of purely subjective experiences, still without having a regular connecting-point and a regular hold on the world of reality, neither in the world of the material nor in the world of the spiritual.

Work for the human being in his or her physical form is indeed of highest importance, after all the activity of the work should be seen like this, that it is performed first and foremost for the creational. But for the human being to be creational not only means that he or she shall work only for the Creation, rather, also for himself or herself and for his or her life-welfare/ subsistence. Therefore, a human being who performs a work for his or her life-welfare/ subsistence is creational in relation to himself or herself and in his or her wellbeing and in his or her advancement. Like this it can be seen that the human being is creational for himself or herself through an appropriate performance/output, because he or she finds and creates a means through his or her performance/output which facilitates the life-welfare/ subsistence. For this reason it means: work, which is performed entirely on its own for the creational and for nothing else can truly be very effective, like the meditation itself. While the human being keeps his or her thoughts, his or her concentration, his or her will and his or her affairs directed on the creational he or she creates love, becomes laws- and recommendation-fulfilled and therefore evolutive. Also his or her psychical Wesen changes itself to an equalised form, which then noticeably emerges.

The same power that works in the human being during the meditation or through the meditation can be effective on any work and support this, in which case the prerequisite is given that the human being learns to open and use/apply these powers. But still to be mentioned in this connection is that a direct-meditation during the work itself should not be attempted, rather, the work itself shall only be influenced through the meditation. In other words this means that any work shall be carefully performed as a contribution in a creational form without any desires or without any egoism, in connection and in equanimity with the spirit and with a quiet equanimity. This shall be kept so in happy/fortunate times and in sad/unfortunate times and indeed for the sake of one's own evolution. Every human being shall be clear that work simply shall not and cannot be done for the sake of a personal gain, rather, for the sake of the creational. Also therein lies a reward and a success which lies in the human being's consciousness and out of which he or she is able to recognise the creational power itself.

Any work which is carried out with this truthly knowledge and with this truthly attitude means an extremely mighty method on the way of his or her evolution for the human being. And with work any work is meant, any spiritual work as well as any material/physical work. The irrational opinion of the human being that a material and bodily work is secondary/subordinate to spiritual work represents nothing other than an absolute boastfulness of the human

intellect, which is not able to comprehend the fundamental truth, because the human being always imagines himself or herself better than he or she truthly is. However, the truth regarding this is that hand-work is just as valuable as spiritual work and that spiritual-work and material hand-work together or alternatively must be performed in the same measure if a usable success is to ensue in an evolutive form. No human being can avoid, if he or she truly wants to be evolutive, that he or she performs both forms of the work alternately or together, so namely, material hand-work AND spirit work.

The question of how shall the human being go about this self-opening with the work now arises here, therefore a one-becoming with the creational shows an effect in his or her works. Therefore, the human being begins quite simply, that he or she innerly gathers and brings/feeds his or her work a dedication/consecration as soon as he or she accepts it. If a work-interruption ensues then the human being shall use this time to concentrate on his or her work again in a new form and to take joy/happiness in the knowledge that the activity of his or her work is creational. The human being must simply strive for the help of the creational itself and he or she must always make himself or herself conscious of the helping presence of the creational again in a new form. The human being must concentrate himself or herself in his or her thoughts and appeal to the creational in himself or herself in order to raise/elevate his or her own Wesen and the Wesen of his or her work and in order to change the activity of the consciousness with the creational power.

It is in no wise so that the human being thinks constantly about the creational, about the Creation, about his or her evolution and about everything spiritual during his or her work, for through the activity of the creational work this process basically occurs in the background of the spiritual consciousness and of the spiritual power by itself or that factor which allows the human being to work in the double thinking shows an effect. This double thinking is based in the capability that a thinking works in the foreground and at the same time an innerly thinking takes place which observes and always remembers the creational. This method of double thinking can bring a fairly large success for the human being, even if it is as a rule kept going for a very long time, often decades or almost an entire lifetime, until it is truly unfolded and can be brought to use.

The absolute ideal condition with the work is if the material consciousness un-coercible concentrates on the distinct energy of the spiritual power, from out of which a relaxing stillness and quiet can be conducted-over to the material consciousness. However, the distractedness of the human being's material consciousness, as a rule, disturbs this balance of relaxed stillness, of relaxed quiet and collected/intense concentrated energy. However, if the human being can attain this ideal condition of double thinking then all of his or her work becomes work-less work because he or

she then performs this in absolutely fully developed joy and in the consonance of equalisedness. This may keep the human being's awareness always on his or her life-way and he or she may also work meditatively with regard to this. Truly; the human being can often deny and lose the correct attitude in his or her life and in his or her actions and thinking, nevertheless however, and for that reason the human being may never lose his or her patience and his or her dogged striving for the relative absolute fulfilment of the evolution shall never suffer from it.

To conclude it shall still be pointed out that the work in and for itself is only a preparation and only a suitable aid, just like the meditation also is in order to finally achieve the way of

the evolutive and the definitive Ziel. But it shall also be explained that all beginnings bring great difficulties with itself, also the meditation, whilst the committed way is also paved full with many thorns, with strain, privations and hardships. However, as already explained work and meditation are two absolute equal means in order to realise the creational self in the human being and to practice the evolution. Work and mediation belong together, just like the physical and spiritual body. Every meditator should now try to see and to perform his or her daily work from this aspect in every wise. If the human being tries to see these things from this truthly sight then this thing is certainly a very big help for his or her material hand-work as well as for his or her spiritual activity.

## Southern England - Interessengruppe für die FIGU-Mission

Southern England - Interest Group for the FIGU Mission

