Behavioural Recommendations from Ptaah Excerpt from the 782nd contact of Friday, 5th of November 2021

Billy ... By the way, what do you say to the fact that the rampantly spreading corona disease is striking again everywhere, practically in all countries? Yesterday, in Germany alone, there were over 37,000 new infections and about 170 deaths within 24 hours.

Ptaah That was to be expected, and only the governors and the so-called experts in epidemiology and pandemics are to blame for this, although it should be explained that the difference between a pandemic, as is currently rampant, and an epidemic is that the pandemic as an infectious disease spreads in many countries, that is to say, continents, and practically endangers the health and lives of human beings on Earth worldwide.

The national leaders who, in the present corona pandemic, on the one hand, are not in control of the whole situation, and on the other hand, completely wrongly appraise it and thirdly, in their unintellect do not know what really has to be done, are making the whole thing worse by wrong regulations, which is why, in the time to come, the spread of the terrible things will increase again and thus the infections and deaths will again be increasingly promoted. All of them, the epidemiologists and virologists in charge and all those who think themselves to be otherwise experts on rampantly spreading diseases, are in reality like unknowing children who – as you once said – are playing 'doctor'. Truthly, they are only would-like-to-be-experts who irresponsibly let the peoples run into misery and death, together with the confused national leaders who, out of an anxiety of becoming infected with the rampantly spreading disease themselves, join hands with them and, moreover, give belief to them. That the effective truth is being kept secret in the process is something that many epidemiologists, virologists and other experts and doctors know very well; however, they cannot get through with the truth. This happens although they make an effort to point to the truth and thus also to the doubtful and insufficiently tested vaccine and spread the truth that this is really dangerous in terms of side effects, that is to say consequences, and that it claims victims, as in some circumstances also late effects can occur which are not yet known at present – but the truth is being suppressed and simply hushed up. It is also kept secret through lies that various cancers break out more frequently in vaccinated ones, as well as heart conditions and other consequences of various kinds - which not rarely lead to death - due to vaccinations with the still untried vaccines.

Now it is time for me to just speak openly and explain what we have ascertained and what is the real reality, which, however, will be denied by those responsible ones of all kinds, because nothing but fallacious contradiction is to be expected from them.

They, the national leaders, are increasingly urging the unvaccinated with the Gewalt ("There is no English word that conveys the true meaning of the German word 'Gewalt'. 'Gewalt' is the brutal execution of elemental might and force, but it is far above all might and all force. 'Gewalt' exists in different and relative forms, one example being a 'gewalttätige Gesinnung' – expression from the character, personality, thoughts, feelings and emotions that shows the inclination to act with Gewalt. When human beings possess or carry out acts of Gewalt and it is not based in logic, then this usually involves violence, brutality, degradation and is terribly destructive." (Meier, BEA 2010, The Goblet of Truth, page XIII, footnote) of the lie to get vaccinated, so that they lose their rights as free Earth human beings and have to get vaccinated compulsorily with a vaccine that is immature, that is to say, still insufficiently tested and tried, insufficiently effective and by no means harmless to health. The real truth of the whole of this unsuitable vaccine, which has effectively still not been sufficiently tested, is being kept secret from Earth humanity and a felonious act is established by the national leaders, which in turn can only be compared with the human-contemptuous calamity and the murderous machinations of the last world war, which the NAZIs spread across the Earth. Thus, the pressure on the unvaccinated is criminally and continuously increasing, and indeed of all things by those who are responsible for the well-being of the peoples, while they do exactly the opposite.

As we know, false figures about the side effects, the possible late effects and the deaths regarding the Corona vaccinations are manipulated and lied about worldwide in such a form that those of low intelligentum, that is to say, the non-thinking ones, allow themselves to be persuaded out of anxiety or

insecurity and get themselves vaccinated with the very questionable and insufficiently tested substances. By means of false and therefore mendacious 'facts', the peoples are unsettled and criminally deceived, namely by doubtful and conscienceless epidemiologists, virologists and doctors, who are followed on their heels by the national leaders, who have everything implemented among the peoples, mainly in Europe, which brings more harm than good.

Just as with those unrighteous epidemiologists, virologists and all the official health representatives as well as those dependent on the goodwill of the upper superiors, many national leaders also exert pressure on the unvaccinated to get vaccinated to such an extent that they are driven to aggression and acts of Gewalt against the authorities. More and more pressure is exerted on the vaccination opponents, and lies are spread that mainly the unvaccinated are the newly infected, while truthly many more of the vaccinated are being affected by the rampantly spreading disease, who relied on the safety of the vaccination and did not know that the vaccine is only half-worthy of that which is claimed against better knowledge. High numbers of infected people result from the numerous vaccination failures and, moreover, the vaccinated are being deceived, a large part of whom assume themselves to be safe in terms of their health and do not know what the future holds for them because they have been vaccinated. It is indeed not yet clear what disadvantages, if any, are to be expected for the individual vaccinated persons in the future, because we have ascertained that in the case of this rampantly spreading corona disease and the partly only half-worthy or even useless vaccine, the physical constitution and the blood group, depending on the predisposition, are of importance. This, as well as the mutations of the rampantly spreading corona disease which are yet to appear, will bring changes, which is not being pre-considered. In the whole of this human-made rampantly spreading disease, it is also important to know – which is not taken into consideration by those who assume themselves to be experts – that the constitution and the consideration of the gender, as well as the age and the state of cultural development are of importance, as well as the social conditions, the state of the psyche, the nutrition and the constitutional type, which results from different forms of behaviour, and so forth. With regard to the blood group, the individual structure of the erythrocytes or the composition of the red blood cells is important. These roundish blood cells, which carry the blood pigment haemoglobin, are responsible for ensuring the proper transport of oxygen. If the erythrocyte is healthy, then the disc-shaped non-nucleated cell, which consists of around 90 per cent haemoglobin and is concave towards the inside, is assigned the important task of transporting oxygen from the lungs to the various organs and tissues, in which case carbon dioxide is also carried from the tissues to the lungs. However, if this process is disrupted by the influence of the half-worthy or useless vaccine, which can call forth a dangerous impairment, then this triggers a peril of one's life. This, however, is only one possibility of the perils of one's life that can be triggered by the half-worthy and not amply tried vaccine, of which it is as yet also unknown how, when and in what period of time which late effects are being triggered - and in any case it is not yet known whether such have to be taken into consideration. This is the case, as it is in the case of young persons and children, who will also experience heart complaints due to the effects of the rampantly spreading corona disease, which are really not to be taken lightly and will increase. These are questions and facts which, through lies and false claims, have so far been presented to the peoples by claiming that they are not to be feared – even though there is hitherto no cognisance whatsoever on the subject.

Instead of the national leaders doing the right thing and decreeing by state law that appropriate protection masks of FFP2 quality are worn and that the necessary distance of 2 metres from the next person is kept, as well as forbidding holiday travel and flying, they decree exactly the opposite, namely that the wearing of respiratory protection masks and keeping a distance from the fellow human being is not necessary, so that this wrong acting will become the order of the day among the population and will subsequently claim many infections and deaths, and indeed worse than before. As a result, every person is endangered to be infected by the rampantly spreading corona disease. Consequently, it is a brazen and even idiotically-dumb false claim and a lie from the national leaders and the 'experts' responsible for fighting against the rampantly spreading disease that the unvaccinated are to be blamed for the rampantly spreading disease becoming worse and rampant anew, because the whole thing only corresponds to an attempt to justify their own behaviour in order to divert attention from the incapa-

bility of the national leaders and the alleged experts, because of which the rampantly spreading disease will flare up all over again. Therefore, from my personal viewpoint, the following advice should be observed and it is to be advised frankly and urgently that that which I have already said earlier is strictly kept to. Who, however, as a result of irresponsibility, indifference or in compliance with wrong orders and regulations of the national leaders and the epidemiologists, virologists and doctors, and so forth, does not do the right thing, is himself/herself to be blamed for contracting and falling ill to the rampantly spreading corona disease, which under some circumstances can bring forth deadly consequences.

My advice is as follows:

Not to follow the wrong orders and decrees of the national leaders, epidemiologists, virologists and doctors, and so forth, that the respiratory protection masks and saliva protection masks should no longer be worn.

It is urgently required,

- that every individual human being of Earth voluntarily follows the necessary security
 measures against the rampantly spreading corona disease, contrary to the false and irresponsible as well as reckless and unfactual incorrect orders, decrees and advocacy of the
 national leaders, epidemiologists, virologists, physicians and other 'experts'.
- 2. that as long as the rampantly spreading corona disease has not become so insignificant that there is no longer any danger of infection which will still take some time a respiratory protection mask and saliva protection mask of the quality FFP2 is worn by the unvaccinated, the single and multiple vaccinated and by the so-called recovered.
- 3. that a considerable distance measured according to necessity is kept from the fellow human being, and indeed always as long as it is necessary and until the rampantly spreading corona disease had its might taken and has been resolved. And as I see all this, it will be longer than those in government and the so-called 'experts' will proclaim.
- 4. that for the time being, travel activities such as holiday travel, public sporting events, as well as public events and visits to localities should be desisted from. In this respect, only absolutely essential activities should be carried out, and if need be, then only with the necessary precaution and the wearing of FFP2 respiratory protection masks, which must cover the mouth and the nose and the necessary distance between one human being and the next human being should be kept.
- 5. Work travel should only be done while wearing appropriate FFP2 respiratory protection masks and while keeping the necessary distance from one human being to the next human being, as also at the workplace only the wearing of respiratory protection masks and keeping the necessary distance from fellow human beings should be observed.
- 6. FFP1 respiratory protection masks should only be worn in emergencies if these are not exclusively medical masks because they are often more insufficient against virus infections than FFP2 masks, which partly provide security of up to 90 or 96%.

Billy You are saying that which I also think and say. It is perfectly obvious that due to the abrogation of the regulation, that is to say, the lockdown, it was bound to happen that the spread of the rampantly spreading disease could begin. So whoever gets vaccinated and does not suffer any side effects or possible late effects is lucky, as they say. In this regard, I think that at the very beginning of the rampantly spreading disease the action should have been such that this lockdown should have been implemented in such a form that all travel, flying, holiday travel, public sporting events of any kind, any other public event and any other not urgently necessary matter should have been prevented by law. Certain non-essential work routines should have been suspended and only those that were essential to the populations should have been allowed. The wearing of respiratory protection masks with the

necessary diligent changing of the same, as well as the keeping of distance from one human being to another, should have been ordered and controlled for workers in every sector. These measures would also have been of enormous importance for the commute to work and should have continued until the rampantly spreading disease had died down, which would probably have taken 3 to 6 months, but would have ended thereafter. And the fact that the governments gave public funds – which are being financed by the taxpayers anyway – to companies and corporations and to private individuals as a 'bridge' should have been prevented from the beginning, instead of releasing them and senselessly squandering them and incurring debts in the thousands of millions. The fact is indeed that if a company, a corporation or private individuals do not make their own provisions and do not put aside a nest egg in order to be able to bridge and survive a sudden emergency situation from their own financial emergency resources, then it is quite obvious that these companies, these corporations or private individuals are only out for profit, only exploit their workforce and are not interested in the well-being of their staff, but only in their own. A boss, however, that is to say an owner or proprietor – it does not matter whether they are male or female – as well as those in government and their lackeys and so forth, should and must not only care about their own well-being, but also about that of their subordinates, their employees, their workforce and so forth. Those in government should truly pay attention to the welfare of their populations, which, however, is usually not done, because as a rule they only have their own well-being and their might in mind and consider this. Only very few are differently minded and do what is their true duty, so they do not care for themselves but actually do care for the

Today, those in government are hiding behind the mask of the G-fuss (In some German speaking countries, there are G-rules: '2G' means that a person has to be 'Geimpft' (= vaccinated) or 'Genesen' (= recovered from Covid), '3G' means a person has to be 'Geimpft', 'Genesen' or 'Getestet' (= negative Covid test) for admittance into restaurants or other venues.) - probably upon the advice of those epidemiologists, virologists and physicians and of the health representatives and so forth who are in bondage to the vaccine manufacturers and perhaps even collect money for it - by allowing by ordinance those who have been vaccinated and have recovered to do this and that as 2Gs or 3Gs, which is forbidden to the unvaccinated. And it is claimed that the unvaccinated are those who are now contracting the rampantly spreading covid disease, while there is little talk of those in whom the vaccine failed. This is because those in government, doolally virologists, medical doctors and those of the people with low intelligentum receive partly really useless or partly useless vaccinations, namely depending on how the vaccine, which is still immature, works for them; namely just poorly, only insufficiently, that is to say inadequately and simply unsatisfactorily, or not at all. Those, however, who receive the vaccine, which has not yet been sufficiently tried and tested and is only of partial value, and who then fall prey to some kind of ailment or even suffer death as a result of it, are hushed up. If, however, something becomes known about it, then they resort to excuses, for example, that the human being in question had been suffering from a heart condition and died due to a heart failure, and so forth – even children.

With brazen lies and false claims, and so forth, the human beings are being lied to by those in government, by the virologists and physicians, and so forth, although many of those who are verifiably vaccinated will naturally contract the rampantly spreading disease as a result of the partly ineffective vaccine. This is because they incorrectly believe themselves to be safe due to the useless vaccination and move in circles afflicted by the rampantly spreading disease when dealing with other human beings without the necessary and important respiratory protection mask and without keeping the required distance.

This is what I had to say, but it does not mean that any person should not get vaccinated who wants to do so of his/her own accord – mostly there is some persuasion or lousy anxiety behind it. However, they should all be told that they must make their own decisions and act on their own responsibility, such as whether or not to build up a supply of non-perishable foodstuffs, so that they have food to eat when things get precarious at the shops or in order to still be able to get foodstuffs. My words are not meant to be a rejection or an approval in any respect, because in every regard the human being decides for himself/herself what he/she wants to do or not do, or what is not good or good for him/her. Following your advice is probably the smartest thing we can do regarding the situation of the rampantly spreading corona disease. Actually, that is all I have to say about it.

Ptaah But what you said was worthy and remains so.

Translation: Barbara Lotz; corrections: Vibka Wallder, Vivienne Legg & Christian Frehner.