

Effects of good and bad music



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Excerpts from the Contact Reports

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611th Contact, Tuesday, February 3rd, 2015, 22:09

Billy: ... Last night, together with Eva, I watched a music program on TV, 'Melodies for Millions', in which good old music from the last century up to 1985 was presented, which was really harmonious and psychically touching and conveyed to me an exceptionally good feeling of well-being. In addition, I received a letter from an esteemed and dear friend who asked about what my stand about music is and how you Plejaren deal with it. If it is possible for you to say something to that, I would personally also be very interested in what explanations you can give in relation to music.

Ptaah: Since your question is also your concern, I can answer it and say the following thereto: music corresponds to a very wide-ranging might, namely, both in the positive as well as in the negative. It forms the human being already from birth and touches him/her in the depths of his/her self-created inner nature, which he/she also shows to the outside world and which has nothing to do with the innermost creational-natural nature. Therewith the might of music acts on the human being in accordance with how his/her inner nature is formed in the evil or good, that is to say, negatively or positively, such as in a form that is inflammatory, malicious, disharmonious, spiteful, mean, devious, infamous, chickenhearted, envious, psychopathic, deadly, immodest, unfree, unfair, unhappy, unsatisfied, embittered, pernicious or angry, and so forth, or equalised, benevolent, modest, free, friendly, peaceful, patient, pleasant, kind, good-natured, harmonious, helpful, calm, restrained, sympathetic, warm-hearted and courteous, and so forth. Thus depending on its positive, that is to say, harmonious form or negative, that is to say, disharmonious form, the music has a good and positive or negative and bad effect in the human being. Therefore, in the negative case, the might of the music can drive

the human being into psychological misery, into a moral decline and into a general malicious downfall, just as it can, however, lead him/her in a positive way to psychological elation and to peak performances, and so forth. Good music builds advanced civilisations, whereby through bad music advanced civilisations are destroyed again, and it has happened thus on Earth since time immemorial and also continues to happen. In a good, positive phase with regard to music, in each case, peaceful, good and progressive times always prevailed. However, if phases of negative, bad music came about, then the times were bad. With bad music, irresponsible rulers and other elements often seized the political and military might and instigated fights, wars and upheavals, for example, the world wars on Earth in the last century, therefore the ones from 1914-1918 and 1939-1945, as well as the Vietnam and Korean wars, and the war actions that broke out in Iraq and Afghanistan in the last 25 years, as well as the current felonious machinations of the 'Islamist State', as you correctly call this organisation of murderers and criminals. Since time immemorial, before and after such events, harmonious forms of music prevailed through which Earth humans and peoples were peacefully attuned. Observed and considered with respect to Earth, the good and positive music which emerged after the last wars changed again in recent times, that is to say, in the 1980s, into the negative and bad and even into the malicious, as you have been saying again and again many times since then. Therefore, since the 1980s, the might of a very negative music has prevailed on Earth, from which the humankind, the politics and economy, the armies and religions are maliciously-negatively influenced and controlled, through which very much mischief, hardship and misery as well as destruction is wrought, as this is also proven by the many hotbeds of war, the uprisings and criminal machinations in many corners of the world. Not only with us Plejaren, but also with the human beings of Earth, the might of the music has been known since ancient times, particularly with terrestrial peoples in the ancient advanced civilisations, who knew that the might of good, positive music helped civilisations to boom, while, in turn, negative, bad music sealed their downfall. Primarily, great philosophers knew about the might of the music and its influence on the society, this both in relation to the rise and also to the downfall of civilisations. However, they also knew about the might of harmonious, good and

positive music, through which the intelligence could be promoted and the psyche refined, or that through disharmonious-negative-bad music much terribleness had been wrought, to which entire advanced civilisations fell victim. However, they also knew that in the brain of the human being, under certain circumstances, music calls forth frequencies similar to hypnosis, and indeed both in the good and positive as well as in the evil and negative. The human beings of the ancient advanced civilisations were clearly aware that through good, harmonious and positive music, the human ability to learn increases enormously and also the character as well as the good and positive modes of behaviour become refined. For the human being, music is one of the most important factors of life regarding the formation of his/her thoughts, feelings and the psyche, because it imparts to him/her a value-consciousness, but unfortunately, not only in the good and positive, but also in the evil, negative and bad. If the value and the might of the harmonious music are set highly, then the human being also feels uplifted and feels impulsions of equalisedness, love, peace and freedom in himself/herself, whereby in the same wise also his/her morals and modes of behaviour are equally formed. However, if the music is disharmonious, inferior to completely valueless, then the human being becomes pressed down by aggressiveness and unequalisedness and finds no access to real love, to true peace and open freedom, nor to a valuable moral state, nor to corresponding modes of behaviour. And on Earth today, exactly this evil, negative and bad form prevails among countless human beings of Earth of all ages because they are ensnared by the might of this malicious and disharmonious music, which, since the 1980s, has been deemed to be 'modern' and transfixes all those human beings of Earth who in themselves are aggressive, unequalised, unhappy, unorderedly, abusively negative, unsatisfied, often conscienceless, rebellious, even malicious and irrational. The human beings of Earth should therefore follow the example of a child, because as long as they are not influenced in a bad wise by evil, disharmonious, negative and bad music, they are open to good, harmonious and positive music. Thus, if the child is observed, then it is to be said with respect to this, that the child, at least as long as he/she comes in contact with normal, good, harmonious and positive music, is better able to perceive certain nuances in the communication, and indeed fully independently of

whether he/she can enjoy any good music lessons or not. This indicates that through the music, the child can learn to pursue his/her own thoughts, feelings and emotions, and is able to sense whether or not everything is right with other human beings through the sound of their voices. However, the world of music and its tones enables not only the child, but also the adult human being to better understand his/her surroundings and to communicate with fellow human beings. Among us Plejaren, for millennia it has no longer been a secret how much music promotes the development of the human being in many areas, also cognitive, mental, emotional and social capabilities. The musical intelligence corresponds to one of the most important parts of the intelligence of the human being. Music allows the connections between the nerve cells of both hemispheres of the brain to grow in a better way, whereby also the concentration and communication are promoted. Therefore, it is probably also understandable that it is particularly important that the human being ought to be musically active himself/herself, simply by singing or playing a musical instrument. At the very least, it is necessary that while listening to music and songs, one 'jointly-lives' in a thought-feeling-psyche-based way, because a purely passive listening to music brings only little or nothing at all of that which could increase any values in the human being. Already in childhood and even already in infancy, the human being should continuously be confronted with good, harmonious and positive-valuable music, because this improves the capacity of the intelligence and especially the spatial power of imagination. With exposure to harmoniously good and positive music, not only the child but also the adult human being is more receptive, socially competent, self-confident, equalised, peaceful, free and behaviourally more humane than a human being who is unmusical or passes his/her time with disharmonious music. Although no better human being can be created with good, harmonious and positive music, already-created aptitudes and good characteristics certainly deepen, because fundamentally the education has an effect on all the things of the modes of behaviour with which, on the one hand, the human being is formed and, on the other hand, with which he/she forms himself/herself. Music, however, can make the human being especially happy, this is an undisputed fact, because harmoniously good and positive music that is gladly heard, stimulates specific regions in the brain which

are responsible for ensuring that positive and peaceful as well as free thoughts are nourished, from which pleasant feelings arise. Good, harmonious music is always an incentive and creates calm and good memories that are always connected with revitalising thoughts and feelings, wherethrough often many problems can be solved, also with regard to interpersonal relationships. On the other hand, exactly the opposite emerges with disharmonious, negative, ungood and bad music. Distinct areas in the brain are stimulated, and indeed both with disharmonious as well as with harmonious music, whereby however, the forms of behaviour in the human being are correspondingly different. With harmonious music, decisiveness, excitement, joy, being inspired and upbuilding feelings of elation arise as well as interest, whereas in the negative case with disharmonious bad music, also depression, negative unequalised thoughts and feelings as well as corresponding modes of action and behaviour arise. Really harmonious music is a pleasure and, moreover, work for the thoughts, from which corresponding feelings come forth. In the brain, the entire musical tones are once again put together anew, by means of which the brain is formed. And if it is often exposed to this challenge, then it changes and indeed according to the form that the tones of music take, plainly negative or positive. The brain adjusts itself to the tones of the music, either negatively or positively, plainly in accordance with that which is disharmonious or harmonious. In the cerebral cortex the music has the effect that the nerve cells there become enlarged and connect better with each other. In the human being, a good ear for music is trained from a young age according to that which is offered to him/her for listening. Therefore, this also means that, for example, music sounds wonderful to one human being or cultural circle, while for another it can have a rather repulsive or peculiar effect, which effectively has to do with the personal understanding of music. But that has nothing to do with disharmonious, negative, ungood and bad music, which has been prevailing all around the Earth since the 1980s and which amounts to more of a yowling, screeching, whining and a misuse of the sounds and tones rather than real music and real singing. That can sound only malicious, disharmonious and bad to someone with a good ear for music, while in abysmally disharmonious human beings it promotes their aggression, provocativeness, naivety, unequalisedness, unhappiness and dissatisfaction as well as

unreliability and so forth. However, music still has other effects, because it has a great influence with respect to the time management in the brain, the thoughts and feelings as well as the psyche and the self-perception. Music has an effect on all levels of the brain, and it has direct access to the thoughts, feelings, emotions and to the psyche, and since time immemorial it is anchored deeply in the history of the human being. Music controls ancient mechanisms of the human psyche and the human motivations, whereby human beings can even benefit from it when they hear sad music, especially when they have grief or sorrow as well as when they have nostalgia, which often consists of a mixture of joy and sorrow. Music is an expression of creational-natural laws that can also be explained as cosmic laws of nature, whereby however, it is also a specific expression of the human thoughts, feelings and inventions. That can also be recognised from the fact that, among the countless noises in nature, many sounds and tones emerge which sound harmonious and fundamentally already embody a structure of music.

Billy: Thank you. Your explanations tell very much. Today, the human beings of Earth frequently carry the music around by lugging around headphones in the ear and the MP3-player in the pocket of their jackets. Particularly in traffic on the roads this is dangerous because they no longer perceive any sounds around themselves, consequently there are many fatal accidents because of that. In the past, human beings carried portable radios around and left them on at full volume, which caused much vexation. And as you have said, the howling and yowling as well as the instrumental noise and racket – which, on the whole, has been referred to as music since the 1980's and which drives the human beings psychopathic and crazy – is designed to wreak much havoc, namely in addition to the fact that those human beings whose music sense is directed towards good, harmonious and positive music, are half driven to insanity. From this I gather that according to your words, as a result of this catastrophic musical style prevailing since the 1980s – precisely that which is wrongly called music – a very unpleasant future is to be expected. This is simply also the case, because the human beings who indulge in this yowling and racket which they call music, have no true sense of life, as well as no thoughts and feelings of a healthy self worth,

let alone any sense for the following of the creational-natural laws and recommendations, through which true love, freedom, harmony and peace would be their own and they would bring to life these high values and represent them. As I see the matter, the whole thing will once again result in a further catastrophe, consequently a new act of war could be pending, particularly because of the Ukraine, but also a financial debacle and a massive economic disaster are threatening, along with tremendous political turmoil and malicious and deadly Ausartungen¹. If the threats and senselessnesses of the EU dictatorship are observed, considered and analysed, especially the threats and sanctions against Russia, namely together with the United States – all of which has already grown into a serious international debacle – then comprehensive warlike machinations already threaten with the EU, the USA and Russia. And the blame for this is then only carried by the EU-dictatorship, which wants to incorporate the Ukraine as a bulwark against Russia, which is even advocated and striven for by the ignorant Ukrainians, because they do not recognise that the EU has a dictatorship form.

Ptaah That regarding the music corresponds to the sense of my words and what you further said lies absolutely within the scope of the possible and, among other things, would also again result in a decline through the might of the malicious, negative, bad and nasty 'music', which once again has been controlling the world since the 1980s.

Billy Since this roaring, yowling, yapping and howling as well as the instrument noise and din has arisen since the 1980s and is called music, but only corresponds to a chickenheartedness, generally in all things the human beings have changed themselves very detrimentally and even up to maliciousness. On the other hand, if I observe and consider the general modes of behaviour, etc., of the human beings before the 1980s, before the catastrophic-din-howling- music arose, at that time everything was still much more peaceful, more liberal and was even more loving and harmonious in certain circumstances, namely regardless of the idiotic politics and the threats of the Cold War. Since the 1980s worldwide everything has turned very threatening, awful and into evil Ausartung, as it can also be seen with the again increasing

hate of foreigners, strangers, races and religions, as well as with all the war hot spots and insurgencies all around the world, be it in Afghanistan, the murderous-felonious 'Islamist State', the civil war in Syria, the Israeli-Palestine-murdering or the killer organisation 'Boko Haram' and so forth and so on. ...

620th Contact, Thursday, 23rd April 2015, 22.34 pm

Billy The art-communicating cosmic-energetic swinging waves, that is to say, universal-energetic swinging waves, also still emerge in other forms, for example with regard to sounds and tones, which likewise are taken up and transformed by the human being, namely in the form of music. During the answering of questions from the forum I also spoke about it with Christian, whereby I said that you and I have recently talked about it. Unfortunately, I could not find anything about it in the last contact report, thus it was probably earlier.

Ptaah We spoke about it privately, consequently no written record exists.

Billy Oh, I see; I am probably a little bit confused as a result of the damage to my health, which has been going on for about a month now. Then today we can still say two or three words about it, which relate to the sounds, tones and music in nature, namely that it is the case that also all other life forms are affected by it and even all coarse-substantial and fine-fluidal material as well as all that is high- fine-fluidal throughout the universal expanse. By means of these sound and tone swinging waves, all plants and all life-forms in general move, as well as all atoms and all more minute substances, as also all planets, suns, comets, meteors, nebulas and asteroids and so forth, wherethrough they generate a kind of music that is attuned to each of their kind, which I want to describe as musical whooshing and humming throughout the entire universe, whereby therethrough also a certain healing power is emanated in many ways. Therefore, also every life form, no matter what genus or species, is hit by these universal-energetic musical-swinging-waves together with the cosmic-electromagnetic life energy, and, according to its own individuality, sends out

harmonious or disharmonious sounds and tones that I will also describe as a form of music. Already your father Sfath has explained all that to me in this wise.

Ptaah Then I do not have to give any further explanation to that.

634th Contact, Friday, 13th November 2015, 9:32 pm

Billy That is good. Then we can turn towards other things, whereby I want to ask you whether today and now you want to and can talk about the might of the music, which I already suggested during our last conversation and you said that you want to do it later, which perhaps could be today?

Ptaah Of course I can do that and therefore I want to explain the following: there are many kinds of music, for example, forms that are aggressive, angst-evoking, provocative, exhilarating, malicious, exciting, tantalising, submissive, dark, delightful, dangerous, with acts of Gewalt², terrifying, harmonious, humorous, jubilating, militant, bellicose, boring, lovely, loving, murderous, coercing, faint-inducing, paranoid, psychopathic, gonzo, rebelling, creepy, longing, sensual, falling-in-love, destroying, destructive and coercive, in addition to various other forms. The might of the music has effects on the human impulsations, that is to say, causes them to swing in all the above-mentioned variations. And this is so because from every kind of music an effect is transferred to the body, the thoughts and feelings and therewith also to the psyche, as well as to the consciousness and the entire mental-block³ as well as to the subconsciousness and to the modes of behaviour and to the actions.

Thereby the situation-conditioned, personality-specific and music-immanent influencing factors are to be taken into consideration (NB Billy: Immanent in regards to music = being inherent to music, that is to say, being contained in the music). The music does not just form the human being from birth onwards, but already in the prenatal, that is to say, pre-birth state, because already in the womb it touches the human being in his/her deep inner self of his/her developing inner nature. Once the human being is born, already

at a young age, as well as in the youth and in the adulthood, the music can stimulate him/her to compose, as well as drive him/her to maximum performances in regard to the physical, in regard to action, thought, feeling, psyche as well as in regard to mentality, and therewith in regard to intellect and rationality, as well as having a healing and thereby a restoring effect with regard to the same factors. Therefore, music has quite a supportive as well as energy-creating and therapeutic power. Therefore, the might and sounds of the music can be used by doctors, therapists and educators, for example, with regard to the alleviation of pain, as well as to evoke memories or to be able to overcome psychical barriers. Music can be used therapeutically, neuroscientifically, psychologically, psychiatrically and evolutively and to enable interhuman communication. Music also is conducive to the function regarding the development of the behaviour in the human being, consequently certain sounds, melodies and harmonies touch him/her peacefully and equalisingly in quite a special wise, while others leave him/her completely untouched, however, again others upset and provoke him/her and even let him/her evilly get out of the control of the good human nature up to being murderous and destructive, and indeed according to the forms mentioned in the introduction. Music of every kind acts on all levels of the brain, regardless of it being good and enjoyable or whether it is to be described as non-musical and non-harmonious and must be called evil, bad, miserable, or dangerous, murderous and destructive – for example, as it has been the case with bad pop and other unmusical, malicious jarring noises, with blaring and bellowing and so forth, since the middle of the 1980s. Hence everything with regard to really good music and harmony, which includes classical music to Schlager music and folk music – as well as everything that is unmusical and disharmonious of every kind – has direct access to thoughts, feelings and emotions. That means that every human being in his/her character, in his/her personality, in his/her thoughts, feelings and in his/her psyche is formed, acts and lives out his/her modes of behaviour according to how his/her senses are formed in musical-harmonious or unmusical-disharmonious direction. Since time immemorial everything has been deeply anchored in the brain of the human being, whereby it has arisen concurrently with the general evolution and thereby helps the human being in a world which is predominantly formed

by speech, intellect and rationality, to reconcile with ancient requirements with regard to the thoughts, feelings and psyche as well as the emotions. Real harmonious sounds that are called music have nothing to do with unmusical, malicious, disharmonious, jarring noises, roaring blaring and wild bellowing and so forth, which irrationally-confusingly are described and misunderstood as 'music' by sound-swinging-wave- confused human beings of Earth. Harmonious sounds, that is to say music, are an expression of universal-musical-harmonious laws of nature, whereby the entire universe and everything that exists therein makes music according to its own kind and wise, be it a star, a planet, the whooshing of the universe, a life form, the water, the air or whatever. Musical sounds are contained universally in all things and are absolutely common in everything, as it is also the case with the human being, whereby however, with him/her, the forms of the harmony or disharmony determine the important role of his/her modes of behaviour, namely in the positive as in the negative. Many of the universal sounds are not audible to the human ear, because the sound-vibrations cannot be perceived, in fact in many cases also not with apparatuses. Also crystals of all kinds, gems, metals of all kinds, stones and anything and everything, shows sound-based swinging waves, so therefore everything that exists in the universe, consequently there is nothing that does not connect in a sound- swinging-wave form with anything and everything in a universal wise. The sound-swinging-waves of everything that exists form the universal connection of all things, that is to say, of anything and everything that exists in the universe, wherethrough it is also given that everything universally existent is cognisant of everything else. In this wise the tiniest thing in the universe is cognisant of the mightiest thing, as the mightiest is of the tiniest, in fact proceeding from the mightiest hyper galaxy down to the tiniest spirit-energetical particle, which will not be known to the terrestrial physicists for a long time and still provides them with much research. However, it corresponds to a specific principle of the universe, which is that human beings from all cultures and other life forms on all inhabited worlds in the universe, from the very beginning of their existence and history, have already been creating complicated patterns using sound-acoustic-waves, that is to say, sound-swinging-waves, which as music, melodies and rhythms create energies and powers in all life forms.

Fundamentally the universe itself is harmonically determined by sound, which can also be described as determined by music, consequently music is not a purely human invention, because truthfully he/she has taken that which is musical from the universe and developed and expanded it according to his/her needs and wishes and so forth. From all the many natural sounds, which already constitute a fundamental structure of music, the human being perceives only some sounds and tones that always come about when some things like membranes or strings start swinging, whereby however, those generate only a few frequencies audible to the human being, which stand in a simple and clearly structured relationship to each other. However, the total swinging wave energy from which clear and widely audible signals emerge is in these few frequencies, whereby the human being as a rule consciously perceives only the lowest frequency. The other frequencies always swing along as overtones and determine the timbre, resulting in the difference between different voices and various musical instruments. If the first overtone is considered, this lies always at twice the frequency of the keynote. If a second tone is heard by the human being, whose keynote swings in this double frequency, then they sound at an interval of an octave, and these two tones are regarded as extremely similar by the human being. Harmonic sounds, that is to say, tones which become music for the human being, come about by the brain performing an enormous accomplishment of analysis, namely by effortlessly assigning a complicated mixture of harmonic sound waves, that is to say, sound swinging waves, to individual instruments and voices and recognising musical motifs and phrases in the mixture. Thereby the different areas of the entire brain work together, hence no specific 'music centre' is responsible for this accomplishment. But the whole does not just arise after birth, because effectively it already happens very early in the womb, actually beginning on the twenty-first day after the conception, when the embryo becomes enlivened by the spirit form that moves in, that is to say, reincarnates. Already as an embryo the growing brain of a child in the womb can integrate music – as well as other sounds, tones and noises – from the outside as well as from the inside, whereby it can even create musical sounds itself.

Therefore, it is completely normal if a child already begins humming harmoniously to itself shortly after the birth, and indeed also in the form of melodies which it – already as an embryo, foetus or also effectively as an infant growing up in the womb – has absorbed from the outside into its brain and memory. Which music will then prevail one day with the child, that is to say, during youth or in adulthood, on one hand, depends on what was transmitted to him/her from his/her mother whilst in the womb, however, on the other hand, also on multiple other factors, for example, on the education, the environment, on the world pertaining to the thoughts, feelings, psyche and brain, on the circle of acquaintances and friends, the line of work, the training, the form of society and the affiliation with groups and organisations, a religion or sect. All human beings have an inspiration for music – apart from those who exhibit rare neurological diseases – consequently each human being is therefore fundamentally musical. Thereby it is to be considered however, that those human beings who neurologically have a disturbed relationship to the harmony of music, namely as a result of cerebral-psychological factors of damage being present, cannot evaluate harmonic sounds and tones as such. Therefore, they are partial to the disharmony and are followers of disharmonious noises, wild roaring, howling, yowling – which they consider to be singing –, blaring, nerve ripping discordance and harmony-discrepancy and so forth. Music has a very strong influence on the brain of the human being, consequently, for example, cheerful pieces of music, a concert or a form of dancing, reduce the concentration of the stress hormone cortisol in the blood. The use of music as medicine can bring forth very good effects, for example, after a stroke or brain trauma. Through music, movements can be coordinated again and in the case of tinnitus, specially arranged music can make the ear noises disappear again. Aggression, Alzheimer's or other dementia illnesses and behavioural disorders can be alleviated by means of special harmonious music and singing together, however, pertinent music can also bring memories back. Harmonious music of all kinds is able to give an emotional support to life, make life easier or make it bearable. And if the human being continually allows himself/herself to be exposed to harmonious music, for example at work, then that contributes to a much greater work-readiness, work-endurance and work- performance. Thus, the human being is closely

interwoven with harmonious music because it imparts to him/her a feeling-based and emotional core, which remains in him/her and exhilarates him/her even when certain parts of his/her personality are already being damaged and his/her memory becomes weaker.

The fact is that harmonious music, which can be classical, schlager-based or folk-based and so forth – however, never disharmonious according to unmusical noises and discordance and so forth – has a forming effect on the brain structures. Harmonious music even furthers the intelligence, and indeed in contrast to the claim, which comes from low intelligence and is wrong, of the terrestrial psychology, that intelligence is not changeable and not expandable. With harmonious music the human being can improve his/her world of thoughts, feelings and psyche as well as other functions, whereby he/she only has to choose the right music and give himself/herself over to it. In this wise he/she can carry out a certain self-therapy, if during the day, at work or during free time, he/she allows himself/herself to be exposed to harmonious music that is right for him/her. However, this only works effectively with good harmonious music, which can be classical, schlager-based or folk-based, as well as harmonious pop, metal sound and jazz and so forth, not however with the disharmonious negative noises, blaring, yowling and roaring and so forth, mentioned many times before. In fact, music has an effect on the hypothalamus via the acoustic nerves, influences autonomic functions and causes a complete exchange with cognitive levels of the brain, because while listening to music autonomic changes arise. Fundamentally, while listening to music, seven different aspects can spring from it, whereby the following effects emerge:

- 1) Associative listening to music: the activity of the consciousness is more intensive.
- 2) Sentimental listening to music: triggering of memories, thoughts, feelings and emotions.
- 3) Motoric listening to music: triggers body movements.

4) Autonomic listening to music: Conceptual thinking hardly plays a role, but the music is reduced to pure physicality = having butterflies in the stomach, goose bumps, shuddering and so forth.

5) Emotional listening to music: body excitement is perceived semantically, specifically as anxiety, joy, grief, and so forth.

6) Distancing, that is to say, structural listening to music: conscious participation in music; distancing, contemplative; meditation music.

7) Diffuse listening to music: distanced to music; music is perceived as annoying.

As already extensively explained in the beginning, music can trigger many kinds of modes of behaviour, therefore, depending on the harmonious kind of music or disharmonious form of the sound, most varied positive or negative modes of action and behaviour can be triggered. In a very positive way, harmonious music can have an extremely mood-brightening effect on the world of thoughts, feelings and the psyche, and therewith even be a means for the systematic treatment and rectification of depression, if the right music is chosen that appeals to the human being. Similar to a pain killer, for example, Mozart's music can be effective against headaches, while another composition, which makes one free of pain or happy on one day, triggers pain or sadness another day – just depending on one's state of morale. Music can also help well with severe psychosomatic symptoms as well as in psychiatry because the thought-feeling-based and emotional effect of music is especially useful to suffering human beings. Furthermore, good harmonious music is a strong means to challenge the human being emotionally in most diverse forms, because through it the inner resistance to diverse things, which fundamentally exists to a greater or lesser extent in every human being, becomes permeable. By means of good harmonious music of any kind, unpleasant or pleasant thoughts and feelings as well as emotions can be perceived, resolved and switched off, built up and permitted. By means of good harmonious music – and thereby really only the good and harmonious music is meant – not only thoughts, feelings and emotions can be conveyed to the human being, but also an

extensive communication without words and actions can be achieved. And this is possible both for human beings who cannot speak as well as those who do not have command of spoken communication because they speak another language. The same applies when this is carried out in regard to music therapies with sufferings and illnesses as well as with human beings who are demented or even in a waking coma. Good music can extend inadequate communication and help with the physical, psychical and conscious development of the human being, namely both young children and young persons and adults. In addition, through good and harmonious sounds, deficits of many thought-feeling-psyche-mental forms can be equalised, as well as in the case of dysfunctional mother-child relationships something can be stimulated, which was neglected at an early stage in the development of the child and, as a rule, already would have to be carried out by the mother during pregnancy, but at the latest, after birth. Unfortunately, however, in their habitual linguistic form, many mothers and fathers try to draw the attention of their newborn and then of the growing child through sound-blending and sound-graphic representations and unclear exaggerations and produce a one-sided monologue which they erroneously consider to be communication, but therethrough, with their 'baby language', put more distance between themselves and the child, rather than a valuable relationship and connection. Rational words, a rational speech spoken with babies and children, should be the same as with adults, as you have already explained in your book about education, because all 'baby language' and other 'small children language' creates harmful influences in children with regard to the language behaviour and so forth, which continue to have a life-long effect. And if one erroneously thinks that the 'baby language', 'small children language', sound-graphic and sound-blending language of the parents would constitute the origin of music, then this does not correspond to reality, rather to a complete wrong assumption. The fact is however that, since time immemorial, music has strengthened the thoughts of belonging together and the corresponding feelings in the human being and will continue to do so in all of the future. Already very early hominidae have played music together, in fact by means of rough singing and rhythmical knocking on hollow fruit, pieces of wood, bones and stones and so on, even though this is not known to terrestrial researchers and

scientists, such as palaeontologists and so forth. They also carried out dances, which made them happy and consolidated their social structures and additionally led to a release of dopamine in the brain.

Billy What today's youth, and even many adults today, 'treat themselves to' with regards to 'music', is catastrophic and no longer has anything to do at all with good, harmonious music. It is no more than explosives, which make the ears deaf and also poison the consciousness as well as the world of the thoughts, feelings and psyche and even makes the body sick. And when the whole thing is observed and considered from a clear point of view, then lying behind it is the evil intention to not only bring the good, harmonious and valuable music to an end, but also to destroy the entire traditional western civilisation, such as the valuable interpersonal relationships and the general social connection of the human beings of the western world. The western human being is downright made stupid and extremely aggressive by means of - as you said - unmusical, jarring and disease producing noises, by howling, yowling, and blaring, which crazily is called and understood as 'music'. It is not only abominable pop and catastrophically crummy heavy-metal music and lousy Schlager, rather also modern jazz and so on and so forth, which overall lets the good, harmonious music, such as good classics, Schlager, good pop, rock and good metal as well as folk music etc., sink into the periphery. And not only the human beings suffer from all that which is unmusical, rather also the animals, the other creatures and the birds and so forth, which become ill and disturbed due to the unmusical sounds, the racket, yowling and roaring and so forth. Like the human being, they also react according to the nerve-killing and health-damaging rumpus and the cacophony of the unmusic, which with regard to the human being has a very damaging effect on his/her intelligence, the thoughts, feelings and psyche as well as a negative effect on his/her consciousness and a destructive effect on his/her social behaviour. Additionally, hard, aggressive unmusic not only weakens the learning ability of human beings, animals and other creatures, rather it also slowly and continuously disrupts and destroys the social behaviour in every respect, indeed especially seen with regard to those human beings who are not particularly blessed with intelligence. And it is exactly those who do not

understand that the rumpus and din that rumbles over the country from the abused instruments – like the verbal rubbish that gushes from the mouths of roaring, howling, yowling and screaming un-musicians – drives the fellow human beings and the world of all life forms of the fauna to insanity. This is quite in contrast to good, harmonious and valueful music of any kind, which pleases the senses and psyches of those human beings who are significantly further developed and more sensitive individuals and who – in intelligence and socially – have come further in their lives than the ones who pursue unmusic and follow unmusic of any kind. The pursuers of unmusic are of low intelligence, and by means of the disharmonious unmusic, they drive the human beings to hebetation and make them amenable to foreign influences. Therefore, it is no coincidence that intellectual ones lead the movement, which was initiated in the 1960s, and the ideology of which – under the pretext of the lie that freedom would be nurtured and demanded – is to bring about the destruction of the traditional western values and therewith the western culture, namely influenced and inspired by the communist teachings of Karl Marx. Fundamentally they want to spread the communist culture, thus the Marxism, all over the world and use their academic influence to fight a discreet psychological war against the western civilisation. The EU fanatics, who are criminally trying to make Switzerland part of the EU dictatorship, also act similarly in Switzerland, because, like the above-mentioned culmination point of the intellectual ones in regard to the destruction of the western culture, the most urgent striving of the EU accession- demanding ones – who call themselves 'Swiss' but who are not and nothing but homeland traitors – is to systematically destroy Switzerland and its democratic, neutral, free, peaceful and strongly secure foundation and to force the country and its population under the EU dictatorship.

All of them are sleazy quislings who truthly do not trust in all the good of Switzerland and also do not acknowledge it but betray it abysmally, and fundamentally no longer have any moral values, because they live in the delusion of being above intellect and rationality. These are all human beings who, by means of false dictatorial whisperings trimmed by the EU, usually let themselves very easily be corrupted and inconsiderately forced under the servile yoke of a Gewalt-authoritative new order that truthly

corresponds to a totalitarian-absolutist-criminal coercive system. The homeland traitors of 'Switzerland's' grace are clearly and unambiguously the archenemies of democracy, peace, freedom and security, and moreover truthfully no more and no less than mere marionettes of the dictatorial-insidious EU might and its false propaganda, whereby in their ignorance they are not conscious of this fact. They do not notice and understand that they, as 'EU-illuminated ones', are caught in the tentacles of the EU-dictatorship and walk on the way that will make Switzerland undemocratic, unfree, unpeaceful and insecure and force the population into a dictatorship and also to be judged by foreign EU-judges. One could almost laugh about such bold idiocy of the EU fanatics, because in the end Switzerland joining the EU would bring immense losses to these squibs themselves – however, about which they would be shocked and they would be the first to be vexed about the dictatorial measures of the EU directed against their personal freedom. And they would be just as vexed if they were mockingly spoken to by those who warned them. However, I have deviated from the actual topic with regard to the might of the music, therefore I still want to say the following about it: the knowledge about the might of the music is very old and early on has already been described in diverse texts, and thus the good and harmonious might of the music has already influenced the advanced civilisations of antiquity, brought their civilisations to a boom but also again to their fall and annihilation as well as sealed their fate of disappearing into thin air when the might of the jarring notes of the unmusical unmusic has emerged and has brought wars as well as depravity of the human beings and destruction and so forth. It is also written in the Bible that, in biblical times, the Israelites are supposed to have caused the walls of Jericho to fall down by means of the sound of trombones, which however, corresponds only to a religious fable, which however proves that, since time immemorial, in various areas, might has been ascribed to music. However, the writings of the Indian Vedas that deal with the might and effect of music on the human being are much older, as also described by the philosopher- doctors of ancient Greece, who already used certain sounds, tonalities and music against psychical disorders in human beings. Also various old philosophers, for example Confucius, have spoken about the might of the music and its manifold influence on the human being in

general and on the society in particular, and have taught and spoken about why, since time immemorial, the various forms of good and harmonious music have different effects on the intelligence of the human beings, further it and refine and evolve the thoughts, feelings, the psyche and the consciousness, or that, on the contrary, with unmusic and jarring songs as well as with their cacophonous noises, blaring, howling and yowling, everything gets very badly out of the control of the good human nature in a malicious and damaging form. In contrast to the healing by means of good harmonious music – as your father Sfath already explained to me, which I can still remember very well – even human beings of learning can be changed into almost intelligenceless dumb human beings by means of jarring, dull unmusic. And this will be the case in the coming period when, from the 1970s and 1980s, this kind of unmusic emerges and spreads within a few years, causing many people to become ivory-towered, socially poor and, in a malicious form, completely unconnected to all values with regard to the fellow human beings and humanity, as well as with regard to the willingness to help, coexistence and the life itself, which even leads to the fact that the value of one's own life is disregarded and treated with contempt. At the time however, your father also said that by means of the emerging unmusic, the structure and the norms of the society will break apart, also that the mammon, that is to say, the money in regard to the greed of the people, will take on absolutely uncontrollable forms and will provoke tremendously many disasters in the form of bankruptcies, collapses of corporations, wars, family destructions, terrorism and sectarianism, quarrels, murders and innumerable other Ausartungen. He has also spoken about the form of refugees, which will uncontrollably get out of hand in the Third World countries and so forth, namely triggered by the hate and irrationality of European governor's, as a result of the greed for money, luxury and affluence by human beings. Already towards the end of the 1940s he made many predictions, according to which I then also wrote various further predictions and sent them all over the world, which however changed nothing about the world happenings, because the predictions were not acted on and nothing was changed for the better. But enough of that, because I still want to talk about what Sfath further explained to me, for example, that certain unmusic triggers severe damage to the health of the brain and body as well

as to the psyche and the consciousness of the human being, whereby also the blood pressure and the pulse and the heart are impaired, which can even bring about a heart attack. As your father explained, already the rhythm of the percussion alone can damage the organism or at least weaken it, namely not only with the human being but also with the animals, all other creatures, with the birds, amphibians and reptiles and so forth. Also, quite a certain rhythm of very extremely bad unmusic, which will be used frequently from the 1970s and 1980s onwards, will bring forth specific modes of behaviour that are very badly out of the control of the good human nature and are damaging to the health of the human being. All of the miserable unmusic demolishes the world of the thoughts, feelings and psyche of all the human beings who are being manipulated and therewith exert a direct influence on society and abysmally change it negatively. And that constantly more criminality and felonies come forth from everything, right up to increased murder rates and suicide rates, increased sexual offences and family tragedies, acts of terror and acts of war and so forth, as Sfath said, that actually turns out to be so with everything that happens nowadays. However, what I still want to say regarding music: music also informatively settles in water, as the Japanese researcher Masaru Emoto proved, who played various music – in the order of Mozart's Symphony No. 40, Bach's Goldberg Variation as well as Japanese pop songs and heavy metal music – to water, then froze it and subsequently photographed the beautiful water crystals that had resulted from the musical swinging waves. Therefore, water and music have a much closer relationship than is commonly known to the human being. Also, the fact that low life forms such as jelly fish are musical is, as a rule, not part of the human general knowledge, nor is the fact that the whales are singing life forms and, with their song, which swings far through the oceans, do very much for the Earth. About that there would also be much more to say, as also regarding how good, harmonious and therefore right musical sounds exhilarate and stimulate plants and foster their growth, but how ungood, disharmonious unmusic has a very negative effect on plants as well as on amphibians, animals, other creatures, reptiles and birds, and how their health is also physically and psychically damaged due to general other disharmony in their environment.

NB Billy: On the internet at Wikipedia the following can be found:

Since the beginning of the 1990s, Emoto concerned himself with water. He was of the view that water could absorb and store influences from thoughts and feelings. He reached this view through experiments with water in bottles, which he labeled either with positive messages like 'thank you' or negative messages like 'war' and subsequently froze, photographed and assessed the arising ice crystal based on aesthetic-morphological criteria. Thus he tried to show a connection between the appearance of the ice crystal and the quality, that is to say the state of the water. According to his theory water labelled with positive messages consistently forms complete ice crystals, while water with negative messages takes on incomplete forms of crystals. The known fundamentals of the building of crystals from snow flakes (form dependent on temperature) were thereby disregarded. Emoto's claims, together with further basic approaches – described as para-scientific or pseudo-scientific – by Viktor Schauberger, Johann Grander and others, build the initial position for the treatment, production and marketing of so-called 'enlivened' water and devices for the enlivening of water. Emoto Masaru; (born 22nd July, 1943, in Yokohama, Japan; died 17th October, 2014, in Tokyo) was a Japanese para-scientist and alternative medical practitioner.

Ptaah You speak entirely in my sense, and I can only confirm what my father explained to you.

¹ When 'Ausartung' is spoken of, no degeneration, that is to say, no disintegration of the genes, is meant. It is rather the human being's good nature badly falling away, that is to say, falling out of control. So, for 'Ausartung', it was decided to leave the German word in place in the English, and to provide a corresponding explanation. Billy, via Ptaah, received the following description for 'Ausartung' from the Plejaren linguists, in the English language. Ausartung = a very bad get-out of the control of the good human nature.

² "There is no English word that conveys the true meaning of the German word 'Gewalt'. 'Gewalt' is the brutal execution of elemental might and force, but it is far above all might and all force. 'Gewalt' exists in different and relative forms, one example being a 'gewalttätige Gesinnung' – expression from the character, personality, thoughts, feelings and emotions that shows the inclination to act with Gewalt. When human beings possess or carry out acts of Gewalt and it is not based in logic, then this usually involves violence, brutality, degradation and is terribly destructive." (Meier, BEA 2010, The Goblet of Truth, page XIII, footnote)

³ In this context block has nothing to do with a blockage. It is to be understood as a group of things, e.g. block of apartments.

Explanations by Ptaah and Billy regarding the German language

487th contact of February 3, 2010

Ptaah: We have really made the effort; we – the committee who deals with your affairs – came to the conclusion to get together with our linguists, to discuss everything with them and to get their advice. In doing so, we examined altogether all present translations that were made of the "Goblet of Truth" into English, as well as all the other small and large works that were translated into English and also into other terrestrial languages. Unfortunately, everything turned out to be extremely inadequate because none of the translations from the German original texts correspond with them in a valuable way. Many times the real original sense is lost in the translations because the necessary accurate expressions, terms and words do not exist in the languages in question. Very often even synonyms don't exist that could be used as absolutely equal meaning of words and, therefore, could be exchanged or replaced in a text without changing the information being conveyed or its sense.

Countless terms and words that are given in the German language do not exist in all other terrestrial languages, and besides, the true sense and value of many terms and words are not correctly recognized, and, therefore, absolutely falsely interpreted. On the one hand this occurs because the origin of terms and words is entirely unknown, or because a false origin is assumed, which is even the case with linguists of the German language, i.e. the Germanists, and which leads to fundamentally false presentations and explanations of terms and words.

According to all observations, examinations and analysis we have come to the unanimous decision that henceforward you from the Mother Center shall not make any further translations, also not into the English language. It (English) doesn't correspond to a true language, but only to a halfway acceptable auxiliary world-language that was disseminated world-wide through dishonest machinations from the USA with the aid of British English and other languages, whereby the deeper sense is to turn the terrestrial peoples into English-speaking ones, by using this meagre means of communication.

From our side, we recommend that you do not make any further translations when you have finished the work "Goblet of Truth" that unfortunately in the English language only contains inadequate translation values of all that which is laid down in the German language.

And all this, although the basic translation work is being done by a translation company. The whole can only then be of benefit and value to those who are learning and interested, if they make an effort to learn the German language extensively in order to then turn towards the content of the spiritual- teaching works and to learn everything. Translations of the spiritual-teaching and all related works into other terrestrial languages only represent a poor reflection regarding the true sense, when such translations are made.

Billy: ...But since you are talking so clearly about terms and words, just as I often do so myself, it is perhaps necessary to explain those two values because I know that many German- speaking human beings, Germanists too, do not see any difference. So I would like to say that a term represents the content of an "idea", so to speak, which in its entirety forms an essential characteristic of an "intellectual" unity, from which a certain conception, an opinion, a picture and also an understanding result, which altogether can be expressed verbally or with the aid of the language, but also in writing. The word, on the other hand, is a small or smallest independent linguistic unit of a pronunciation, whereby the word can also be recorded in writing, but without pronunciation or rather as mute non-pronunciation. Therefore, the word is a linguistic and also a written expression with a certain "meaning content" which determines the language and the written language as small or smallest part. ...

FIGU Switzerland, March 2010

Translated by Christian Frehner and Willem Mondria